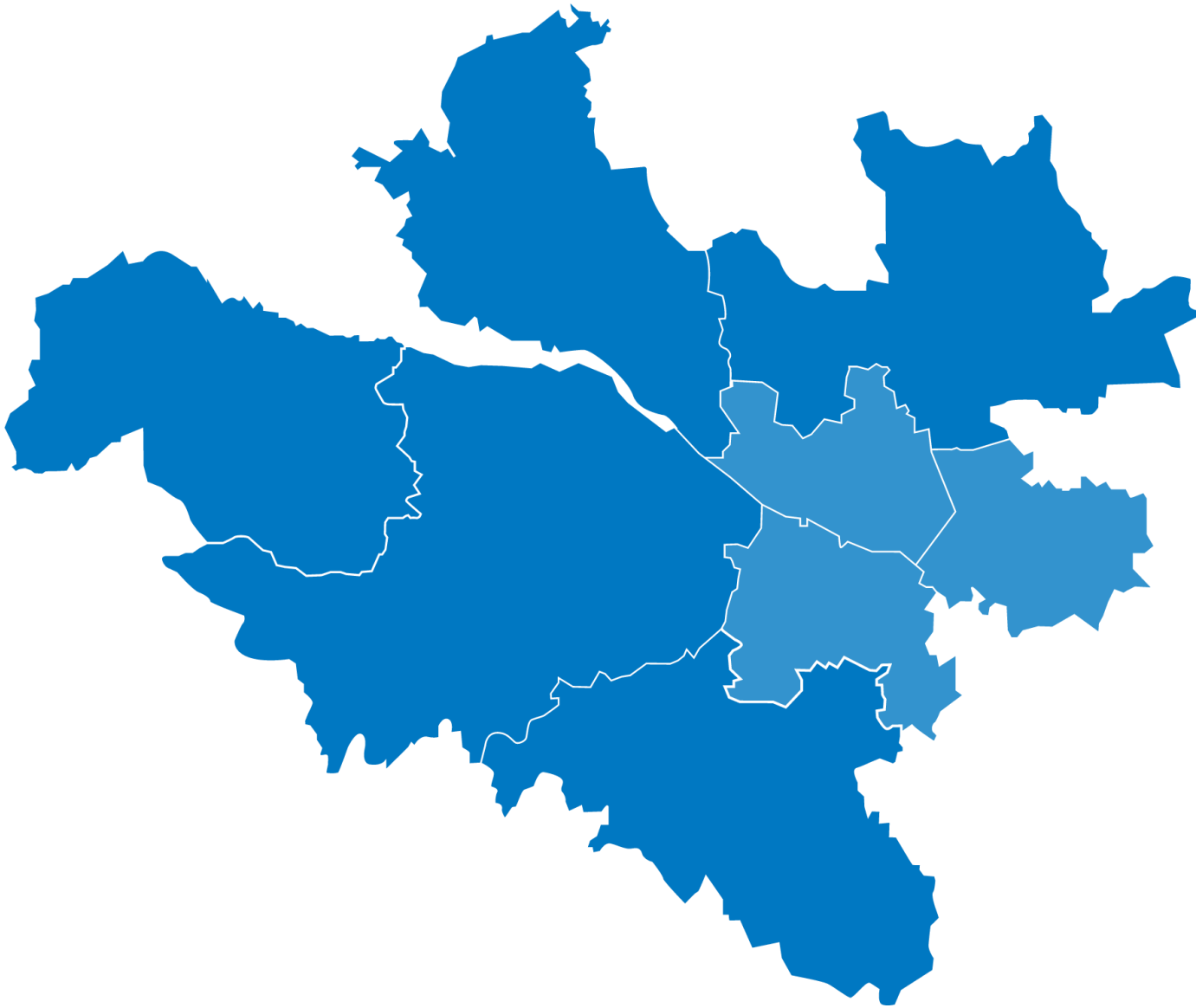
Volunteer Scotland

NHS Greater Glasgow and Clyde: Health and Wellbeing Survey, 2022-23



Volunteering Cross-Sectional Analysis: Highlights Report

November 2025

Introduction

This document provides a high-level overview of the key findings from the NHS Greater Glasgow and Clyde Health and Wellbeing Survey, 2022-23.The key statistical findings are presented as easy to understand, user-friendly infographics for each of the themes analysed:

Geography

Caring Responsibilities

Community: Decision Making

Community: Social Networks

Community: Neighbourhoods

Demographics

Deprivation

Health and Wellbeing

Social Action

Social Isolation and Loneliness

Technical Note

The volunteering cross-sectional analysis examines volunteering participation for specific geographies in Greater Glasgow and Clyde. The volunteering participation rate is defined as the percentage of adults (16+) who have volunteered at least once in the last 12 months. The volunteering question is identical to the one used in the Scottish Household Survey.

Analysis by geographies. The main geographic focus of the 'Highlights' report is on NHS Greater Glasgow and Clyde (NHSGGC). Volunteering participation rates are presented for:

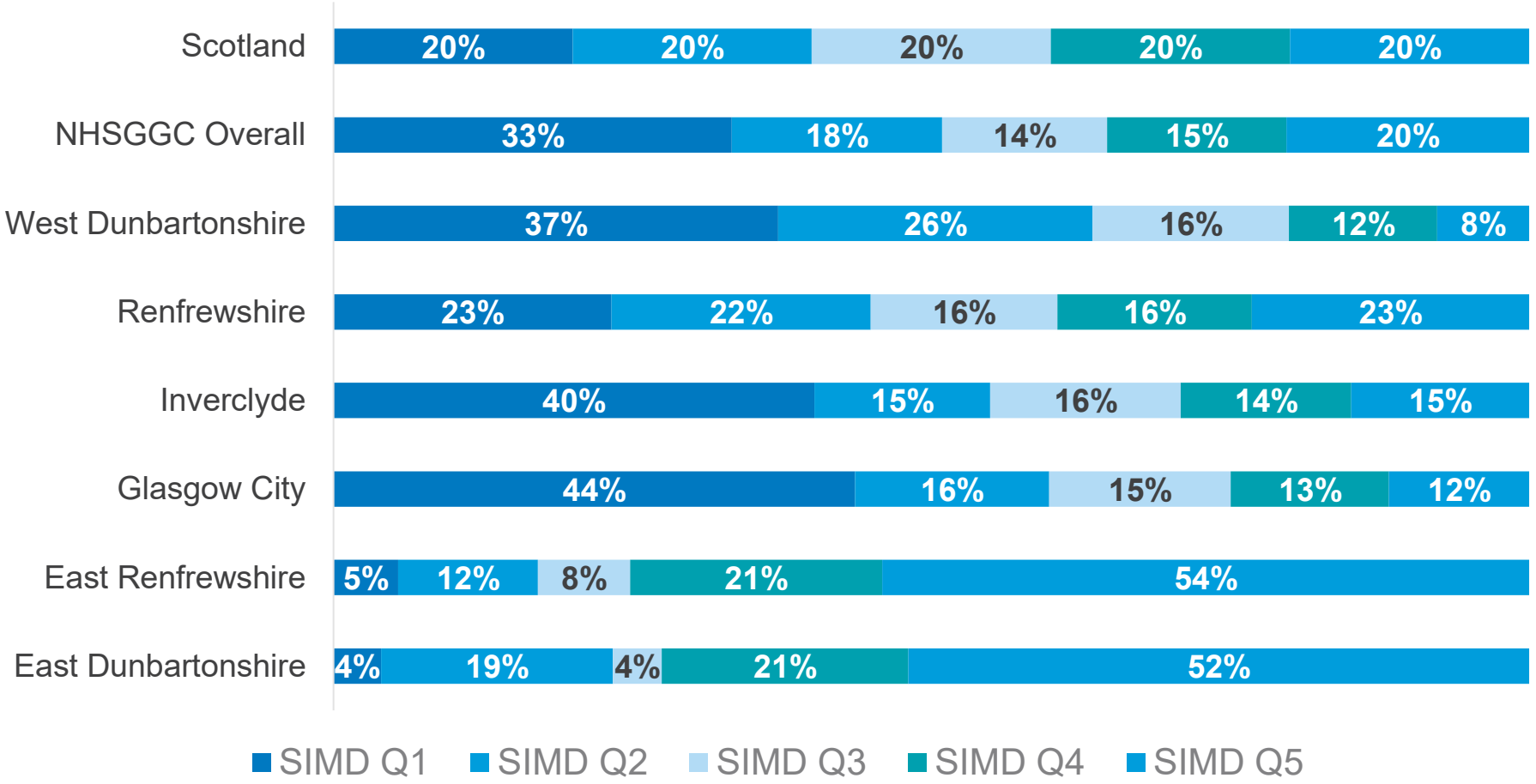
- 6 local authorities: Glasgow City, East Dunbartonshire, East Renfrewshire, Inverclyde, Renfrewshire and West Dunbartonshire.
- Five 'Thriving Places': Govanhill, Greater Gorbals, Parkhead and Dalmarnock, Ruchill and Possilpark, and Ruchazie and Garthamlock.

Analysis by social variables (see full list in the Introduction). For example, the volunteering participation rate for those with caring responsibilities

Analysis by deprivation – in Scotland deprivation is measured by the Scottish Index of Multiple Deprivation Quintiles (SIMD Q). SIMD Q ranks areas in Scotland on a scale of SIMD Q1 (the 20% of the population living in the most deprived areas) to SIMD Q 5 (the 20% of the population living in the least deprived areas). Analysing volunteering participation rates by SIMD Q shows the variation in volunteering participation rates between the most and least deprived areas in Scotland for each of the social variables examined. Only results that are statistically significant are reported.

Geographic deprivation by SIMD Q

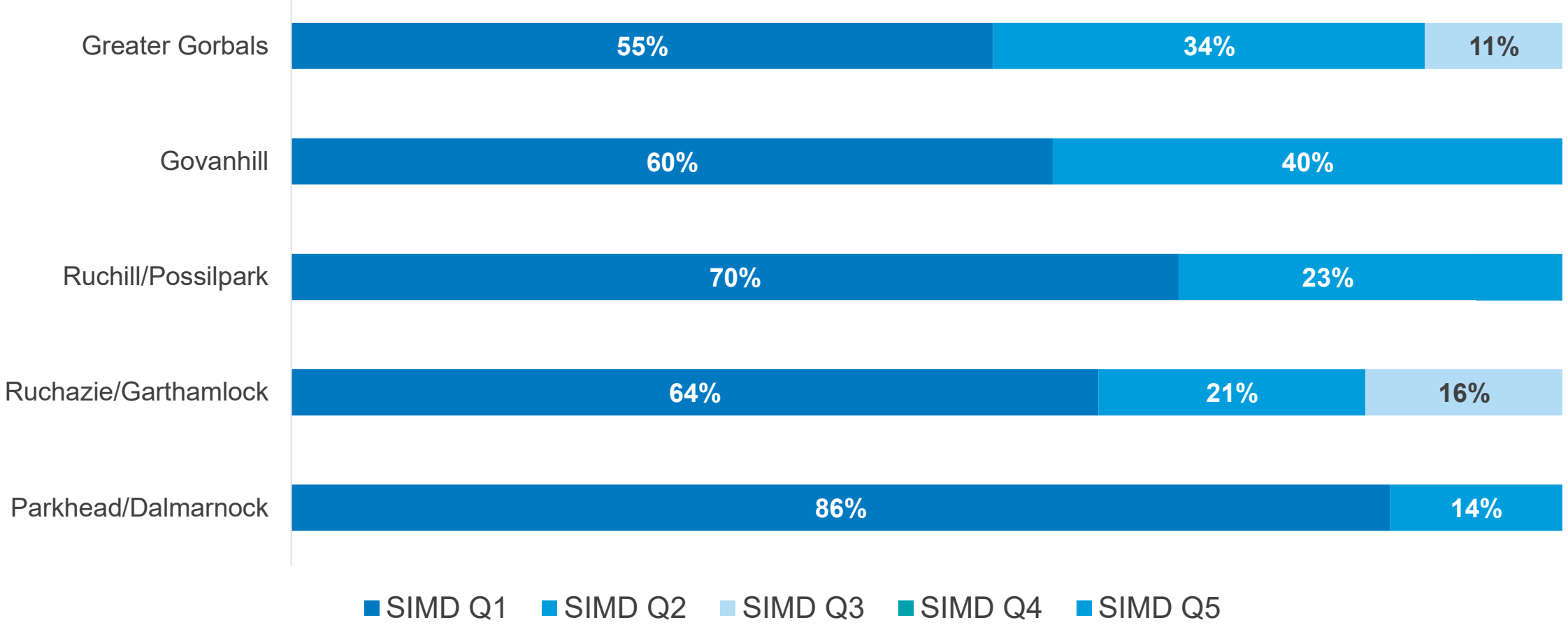
Local authorities, NHSGGC and Scotland



This chart compares deprivation levels in NHSGGC as a whole and across its local authorities to Scotland. The percentage of the population living in the most deprived areas is higher in NHSGGC as a whole compared to Scotland, and is only lower in East Renfrewshire and East Dunbartonshire.

Geographic deprivation by SIMD Q

This chart shows the spread of deprivation levels across NHSGGC's Thriving Places, in which all the population live between SIMD Q1-3.



Geography

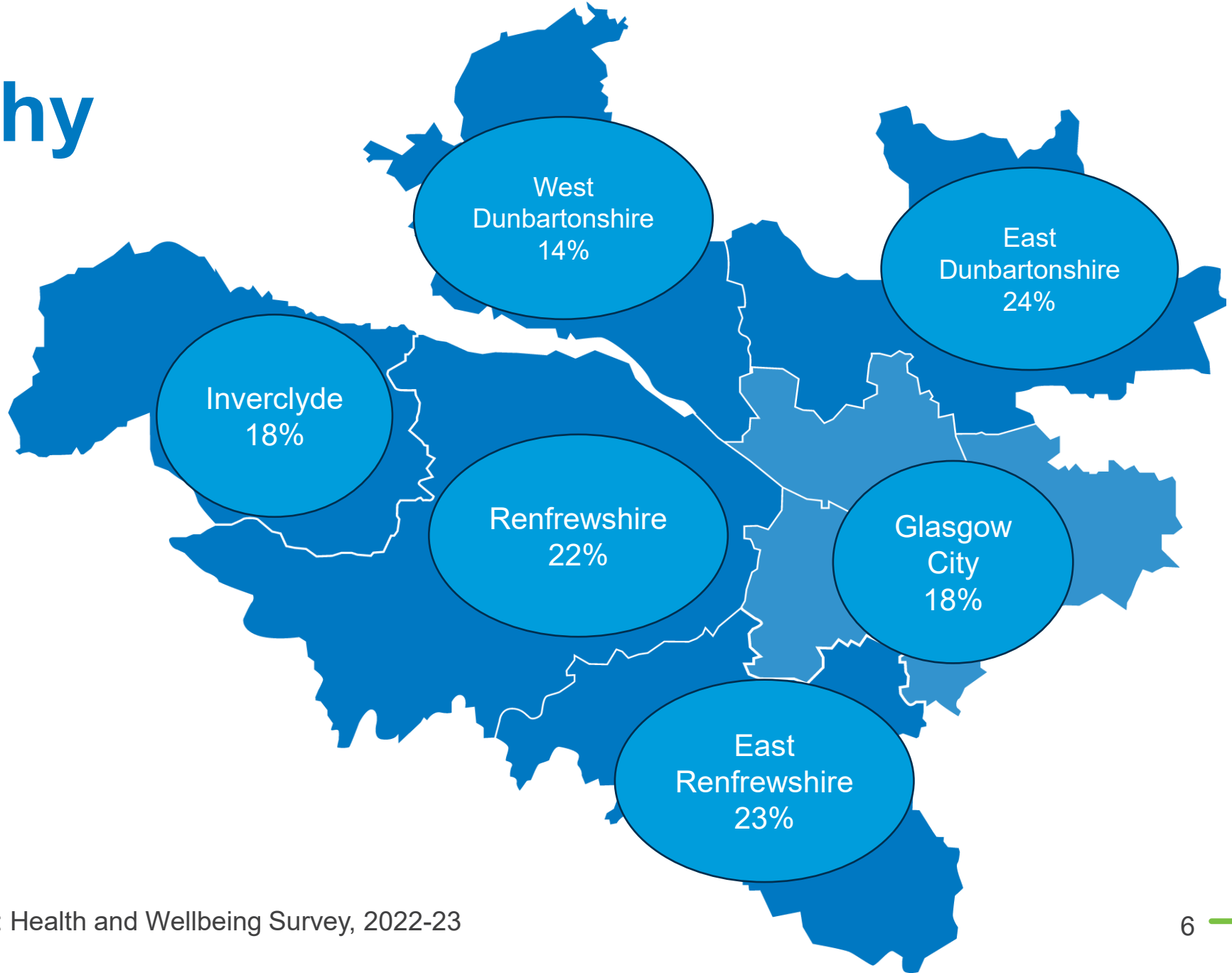
Formal volunteer participation rates in NHSGGC by Local Authority

19%

NHSGGC Overall

22%

Scotland 2022

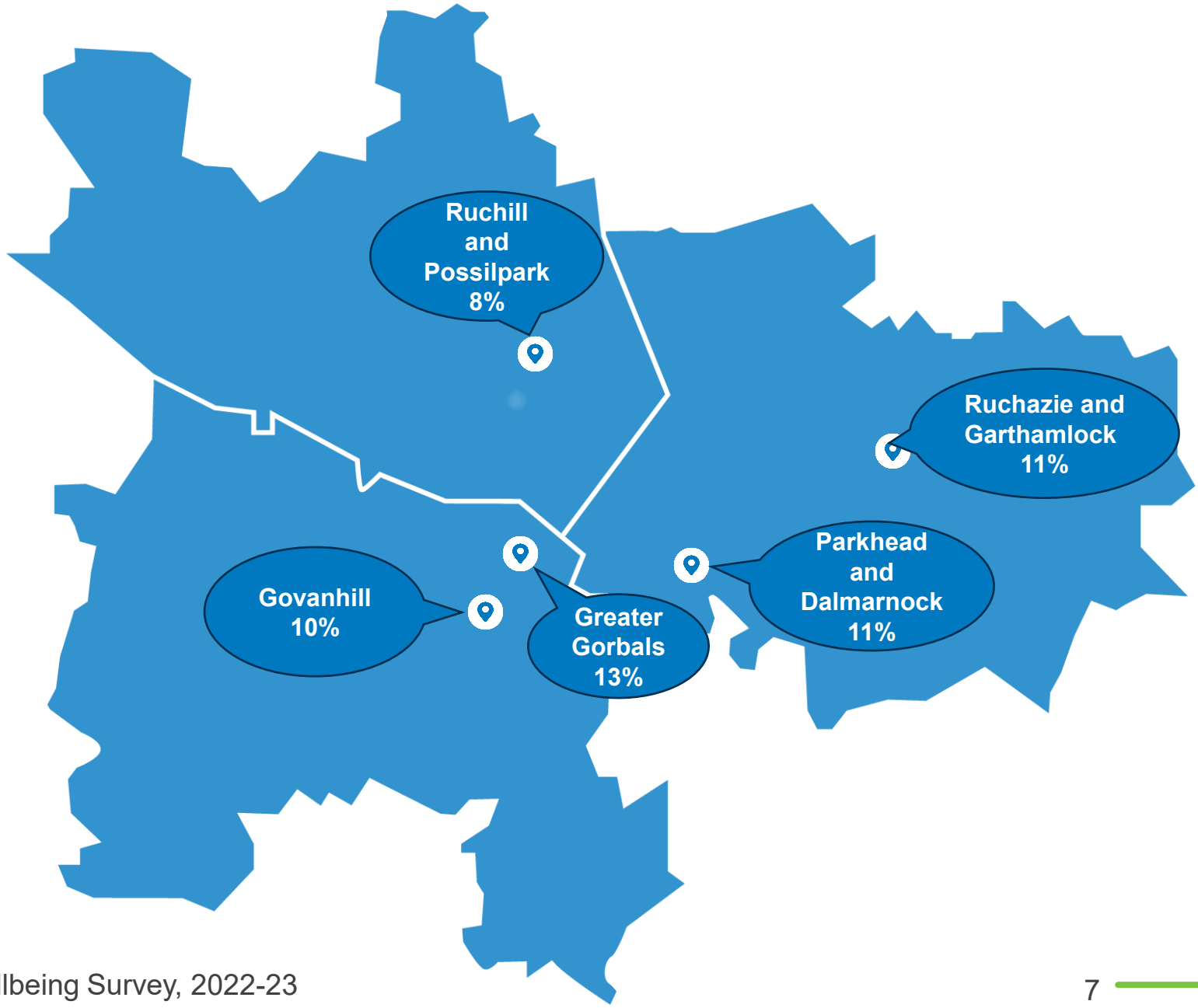


Geography

Formal volunteer participation rates in NHSGGC by Thriving Place

19%

NHSGGC Overall



Caring responsibilities

Formal volunteering participation rates by caring responsibilities.

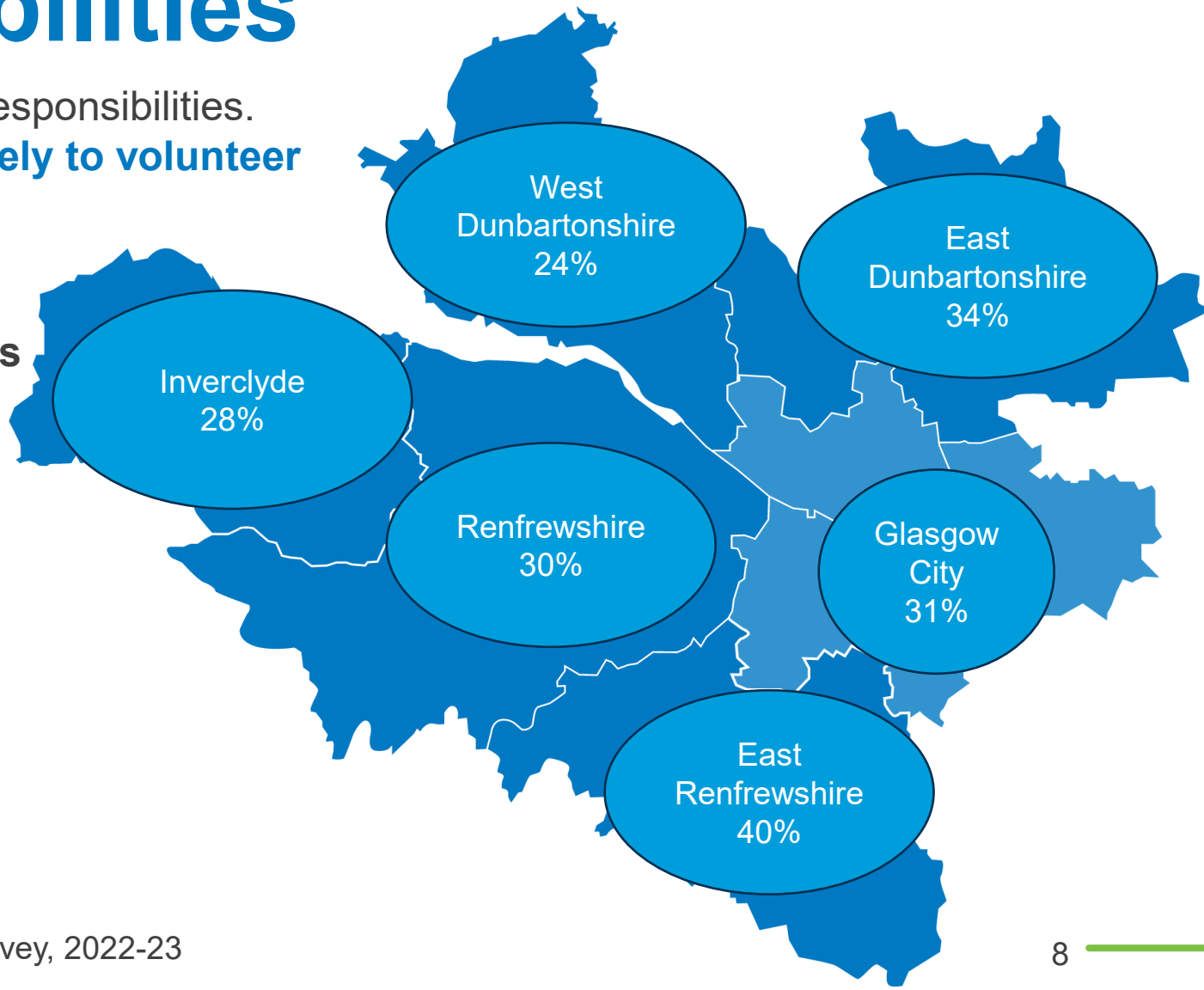
Adults with caring responsibilities are more likely to volunteer than those without.

NHSGGC

31%
For adults with caring responsibilities

16%
For adults without caring responsibilities

Local Authorities



Definition of 'caring responsibilities'
Looking after or giving any regular help or support to family members, friends, neighbours or others because of long-term physical or mental ill-health or disability, or problems related to old age. This excludes any caring that is done as part of any paid employment or formal volunteering.

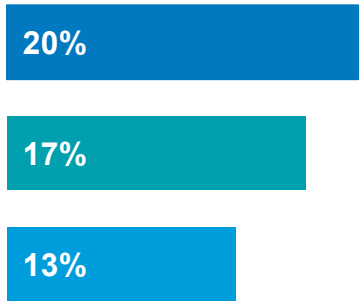
Community

19%

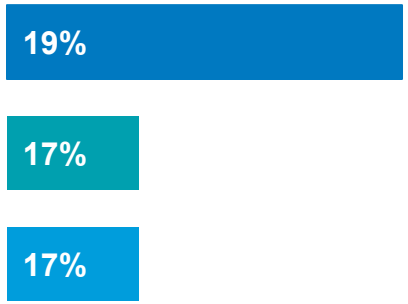
NHSGGC Overall

Formal volunteer participation rates by a number of proxy measures for neighbourhood belonging, community decision making and social networks at an NHSGGC overall level. **Adults who strongly agree / agree have the highest formal participation rates across all proxy measures.**

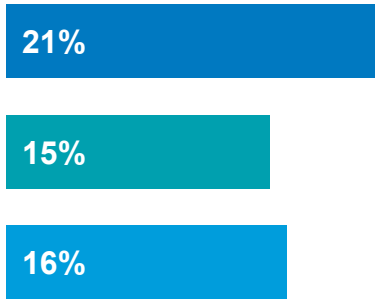
I feel I belong to this area



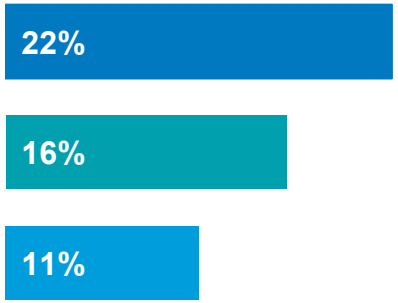
If I have a problem, there is always someone to help me



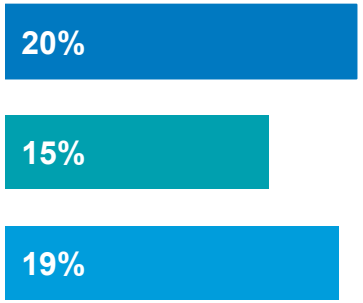
By working together people in my neighbourhood people can influence decisions that affect my neighbourhood



I feel valued as a member of my community



This is a neighbourhood where neighbours look out for each other



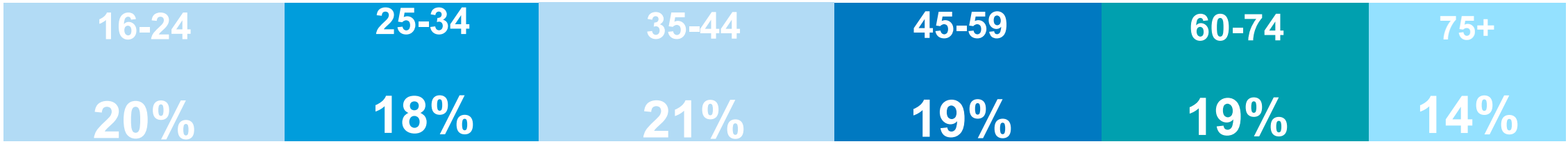
Do you belong to any social clubs, associations, church groups or anything similar?

Demographics

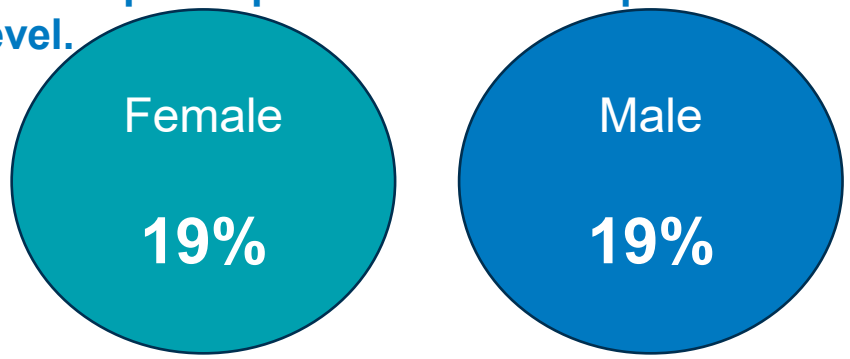
19%

NHSGGC Overall

Volunteering participation rates in NHSGGC by age range – Adults aged 35-44 have the highest formal participation rates at an overall NHSGGC level.



Volunteering participation rates in NHSGGC by gender- Formal participation rates are equal at an overall NHSGGC level.



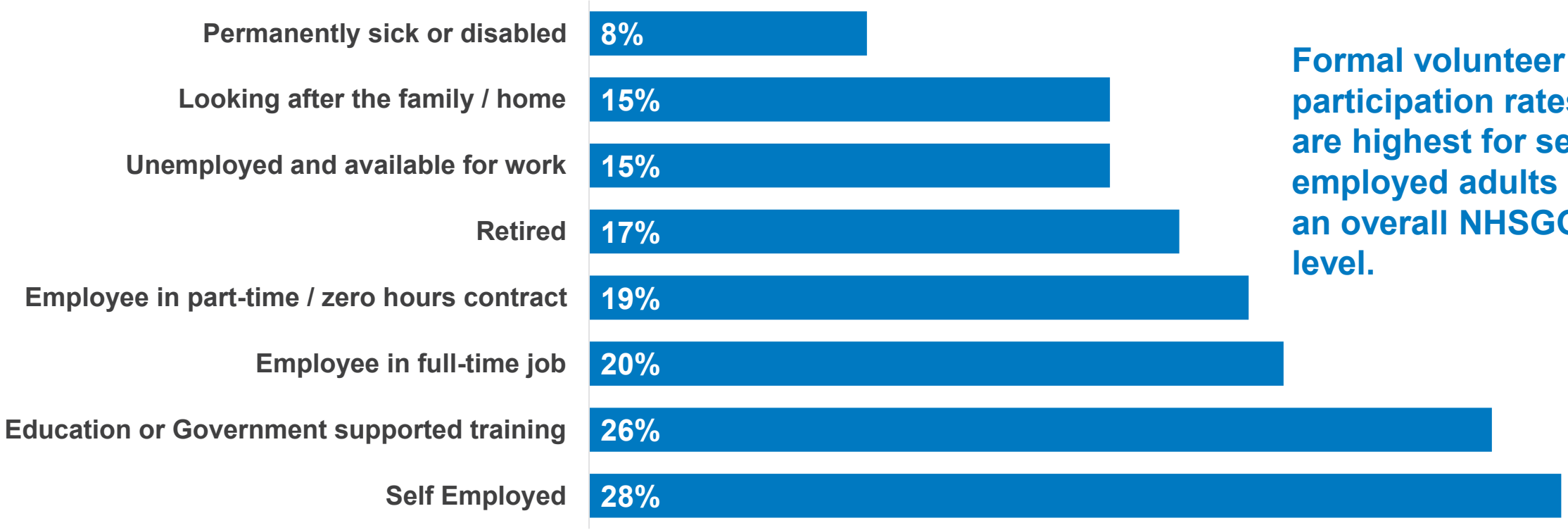
Volunteering participation rates in NHSGGC by ethnicity – Adults of Asian ethnicity have the highest formal participation rates at an overall NHSGGC level.

Demographics

19%

NHSGGC Overall

Volunteering participation rates in NHSGGC by employment status



Formal volunteer participation rates are highest for self employed adults at an overall NHSGGC level.

Demographics

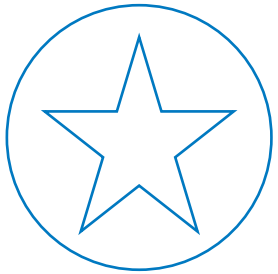
19%

NHSGGC Overall

Volunteering participation rates by educational qualifications in NHSGGC overall

21%

Qualifications



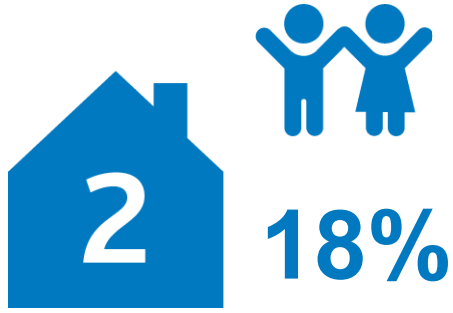
9%

No Qualifications

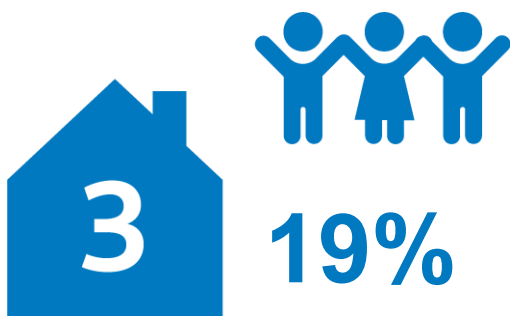
Formal volunteer participation rates are highest for adults in NHSGGC with educational qualifications and who have 4 or more people in their household.

Volunteering participation rates by Household Size (number of people) in NHSGGC

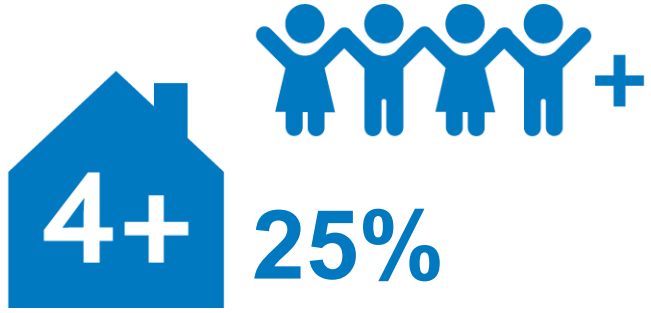
14%



18%



19%

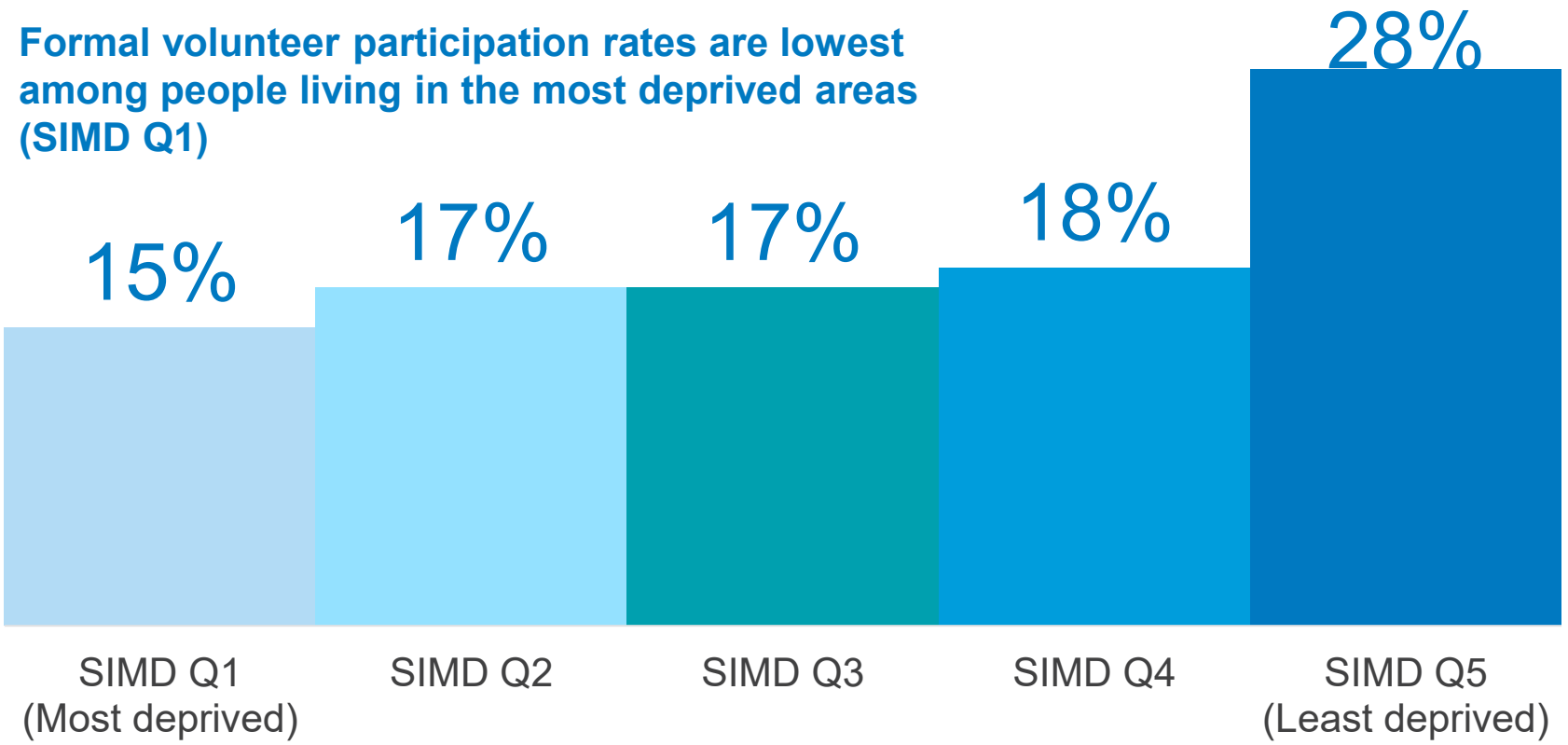


25%

Deprivation

Volunteering participation rates in NHSGGC by Scottish Index of Multiple Deprivation (SIMD)

Formal volunteer participation rates are lowest among people living in the most deprived areas (SIMD Q1)



19%

NHSGGC Overall

See visual map breakdown of quintiles **here**

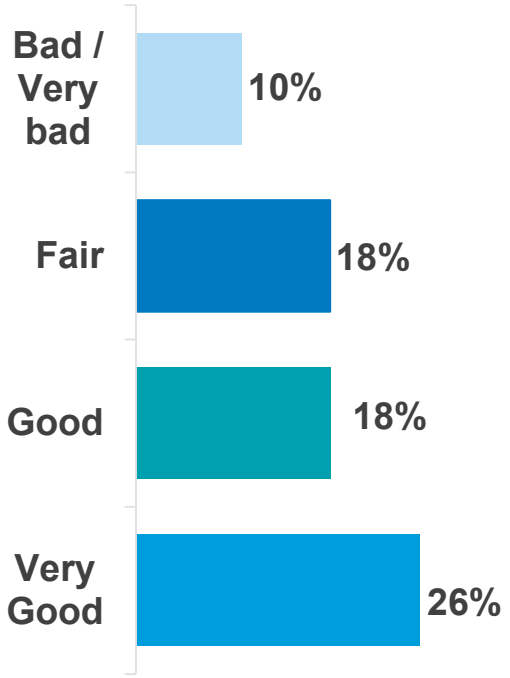
Health and Wellbeing

19%

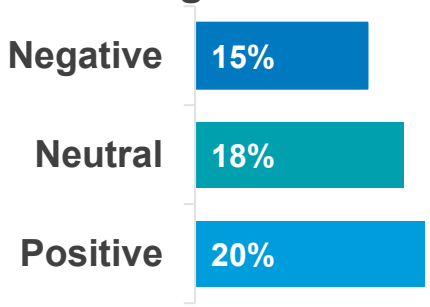
NHSGGC Overall

Formal volunteer participation rates by General health – formal volunteer participation rates are highest for adults with very good general health and positive views on their mental and physical wellbeing.

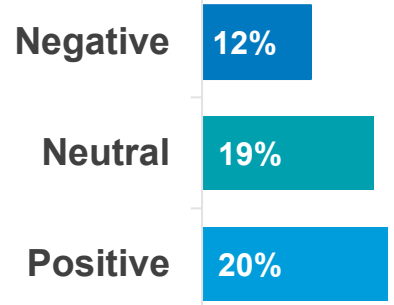
General health



General mental or emotional wellbeing

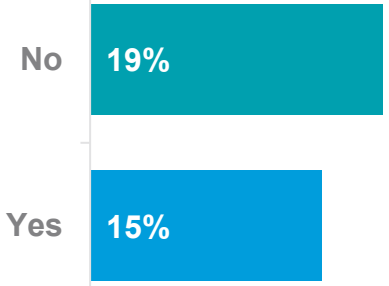


General physical Wellbeing

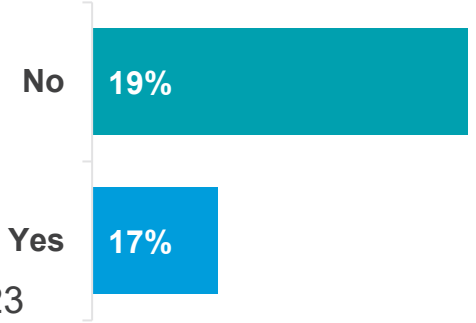


Formal volunteer participation rates by Long-term health conditions – formal volunteer participation rates are highest for adults without long term health problems.

Long-term mental or emotional health problem



Long-term physical disability



Social Action

Formal volunteering participation rates in NHSGGC by social action (have taken social action to attempt to solve a problem affecting your local area in the past 12 months):

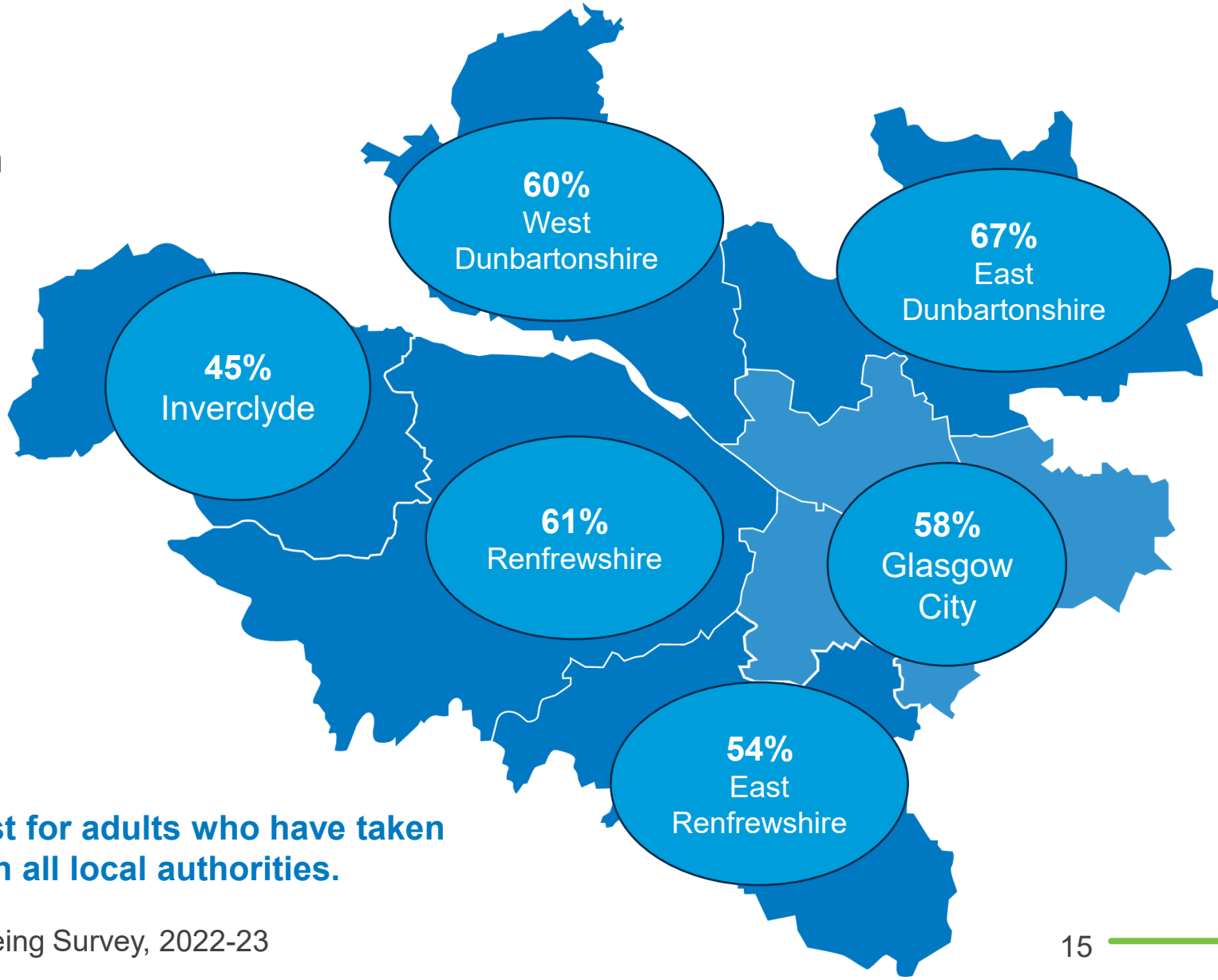
NHSGGC

58%

For adults who have taken social action

14%

For adults who have not taken social action



Formal volunteer participation rates are highest for adults who have taken social action at an overall NHSGGC level and in all local authorities.

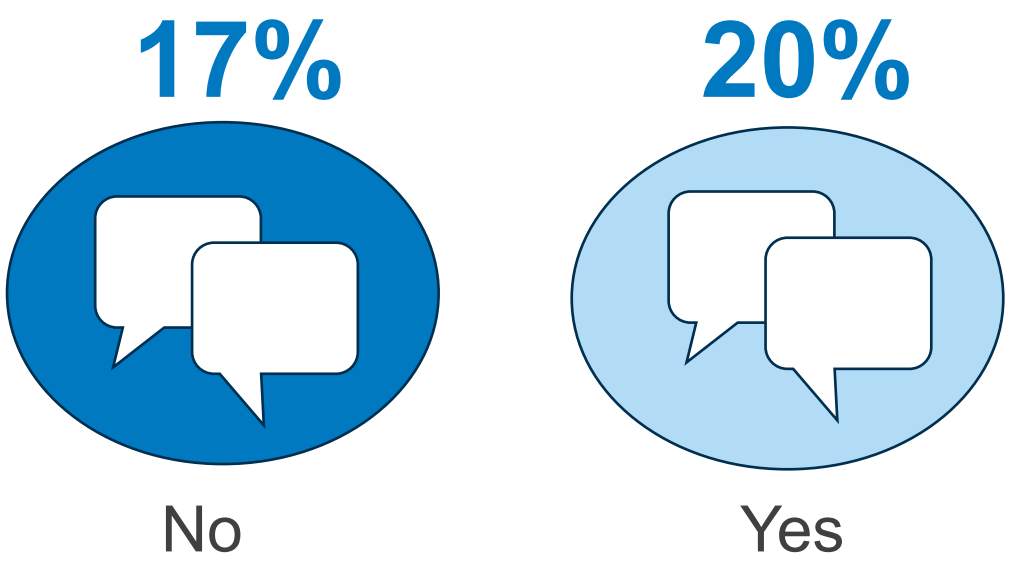
Social isolation and loneliness

19%

NHSGGC Overall

Volunteering participation rates in NHSGGC by social isolation

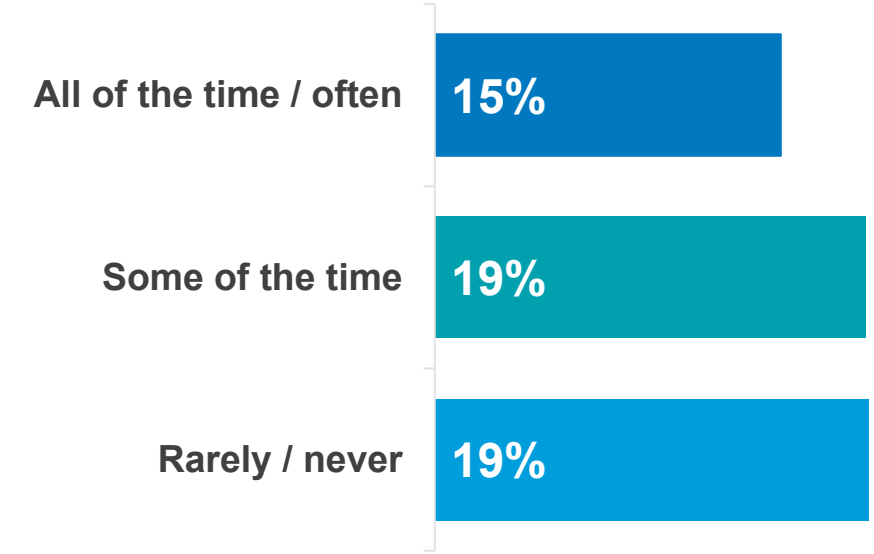
Do you ever feel isolated from family and friends?



Formal volunteer participation is highest for adults who feel isolated from friends and family in NHSGGC overall.

Volunteering participation rate by loneliness

How often have you felt lonely in the past two weeks?



Formal volunteer participation is highest for adults who feel lonely rarely / never and some of the time in NHSGGC overall.

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