NHSGGC Analysis: Caring responsibilities

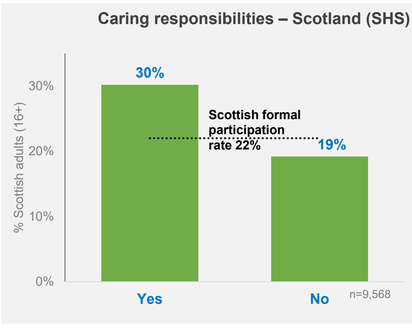
This summary presents analysis of volunteering data in the 2022/23 NHS Greater Glasgow and Clyde (NHSGGC) Health and Wellbeing Survey and builds on analysis of the 2017/2018 dataset as well as Volunteer Scotland's cross-sectional analysis of the 2022 Scottish Household Survey. The analysis considers the impact of caring responsibilities on formal volunteer participation across the Greater Glasgow and Clyde area.

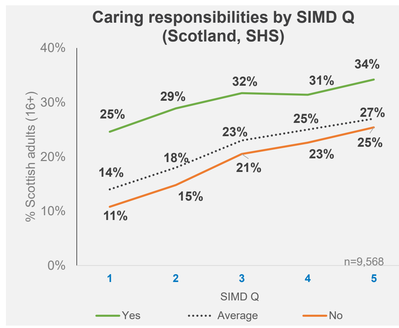
Caring responsibilities are defined as anything adults do to look after, give any regular help or support to family members, friends, neighbours or others because of either long-term physical, mental ill-health or disability; or problems related to old age.

Key Takeaways:

- This evidence suggests that caring responsibilities are not always a barrier to volunteering. In fact, adults with a caring responsibility have higher participation rates than those without.
- Formal volunteer participation is higher for adults with a caring responsibility in:
  - Scotland
  - All Scottish Index Multiple Deprivation Quintiles (SIMD Q) at a Scottish Level
  - NHSGGC as a whole
  - All NHSGGC geographical areas
  - Two Thriving Places: Parkhead / Dalmarnock and Ruchill / Possilpark.
- Further analysis of the Thriving Places where the relationship between caring responsibilities and formal volunteer participation are not statistically significant would be beneficial to understand if levels of deprivation or other factors are at play.

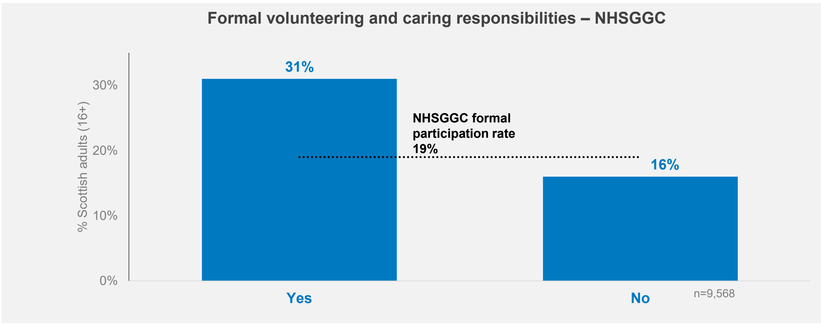
Formal volunteer participation and caring responsibilities



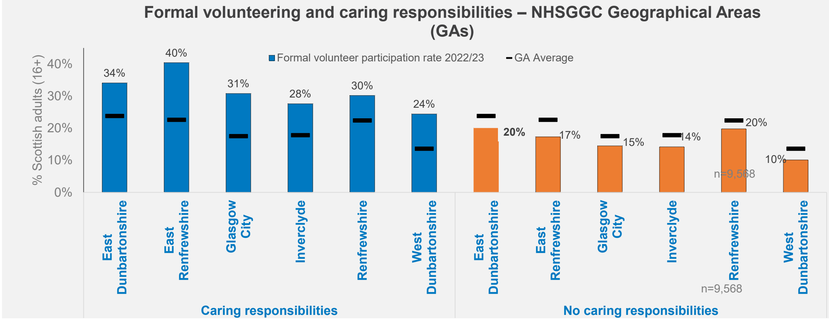


Formal volunteer participation rates are:
- 8 percentage points (pp.) higher than the Scottish average formal volunteer participation rate for adults who have caring responsibilities.
- 3 pp. lower than the Scottish average formal volunteer participation for adults without caring responsibilities.

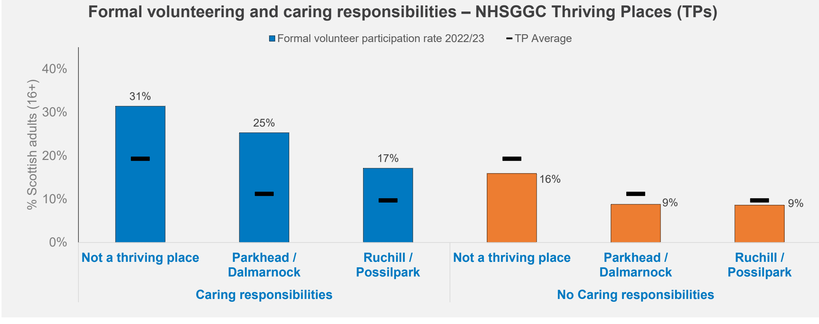
As with the overall trends, formal volunteer participation is higher for adults who have caring responsibilities, irrespective of the level of deprivation. Conversely, volunteer participation is lower for adults who do not have any caring responsibilities, irrespective of the level of deprivation



In NHSGGC formal volunteer participation rates are:
- 12 percentage points (pp.) higher than the NHSGGC average formal volunteer participation rate for adults who have caring responsibilities.
- 3 pp. lower than the NHSGGC average formal volunteer participation for adults without caring responsibilities.



In the NHSGGC Geographical Areas formal volunteer participation rates are:
- Between 8 (Renfrewshire) and 18 (East Renfrewshire) percentage points (pp.) higher than the geographical area average formal volunteer participation rate for adults who have caring responsibilities.
- Between 3 (Renfrewshire) and 5 (East Renfrewshire) pp. lower than the geographical area average formal volunteer participation for adults without caring responsibilities.



The relationship between formal volunteer participation and caring responsibilities is only statistically significant for Parkhead / Dalmarnock and Ruchill / Possilpark.

In NHSGGC formal volunteer participation rates are:
- 14 percentage points (pp.) higher than the average formal volunteer participation rate for adults who have caring responsibilities in Parkhead / Dalmarnock and 7 pp. higher in Ruchill / Possilpark.
- 2 pp. lower than the Thriving place average formal volunteer participation for adults without caring responsibilities in Parkhead / Dalmarnock and 1 pp. lower in Ruchill / Possilpark.

Please see: Volunteer Scotland Cross Sectional Analysis, Volunteer Scotland's NHSGGC 2017/18 analysis and NHSGGC overall 2022/23 Health and Wellbeing survey reports for further details.