Volunteer Scotland

NHS Greater Glasgow and Clyde

NHS Greater Glasgow and Clyde

Health and Wellbeing Survey, 2017-18

Volunteering Cross-Sectional Analysis: Highlights Report

Introduction

This document provides a high level overview of the key findings from the NHS Greater Glasgow and Clyde – Health and Wellbeing Survey, 2017-18. The key statistical findings are presented as easy to understand, user-friendly infographics for each of the eight themes analysed:

- Geography
- Deprivation
- Caring responsibilities
- Health and wellbeing
- Community engagement and social capital
- Social action
- Demographics
- Social isolation and loneliness

The full results can be accessed here

Technical Note

The volunteering cross-sectional analysis 2017-18 examines volunteering participation for specific geographies in Greater Glasgow and Clyde. The volunteering participation rate is defined as the percentage of adults (16+) who have volunteered at least once in the last 12 months. The volunteering question is identical to the one used in the Scottish Household Survey.

Analysis by geographies - Volunteering participation rates are presented for:

- The whole Greater Glasgow and Clyde area
- Four out of the six local authorities: Glasgow City, East Dunbartonshire, Inverclyde and Renfrewshire. The local authorities selected for analysis all have a boosted sample. West Dunbartonshire and East Renfrewshire do not have a boosted sample as a consequence of which the sample sizes are too small to allow for detailed analysis of these areas.
- Three Glasgow City Localities (identical to the Health and Social Care Partnership boundaries): Glasgow North East, Glasgow South and Glasgow North West
- Four 'Thriving Places': Govanhill, Greater Gorbals, Parkhead and Dalmarnock, Ruchill and Possilpark. Ruchazie and Garthamlock is included as a 'control area'

Analysis by 'social variables' – for example, the volunteering participation rate for those with caring responsibilities (see full list in the 'Introduction'). The main geographic focus of the 'Highlights' report is on NHS Greater Glasgow and Clyde (NHSGGC).

Analysis by deprivation – in Scotland deprivation is measured by SIMD Q – Scottish Index of Multiple Deprivation Quintiles. SIMD Q ranks areas in Scotland on a scale of:

SIMD Q1 ⟶ SIMD Q5

The 20% of the population living in the most deprived areas

The 20% of the population living in the least deprived areas

In NHSGGC the overall volunteer participation rate is 18%. However, for SIMD Q1 the figure drops to 12% and increases to 24% in SIMD Q5. Analysing volunteering participation rates by SIMD Q shows the variation in volunteering participation rates between the most and least deprived areas in Scotland for each of the social variables examined. Only results that are statistically significant are reported.

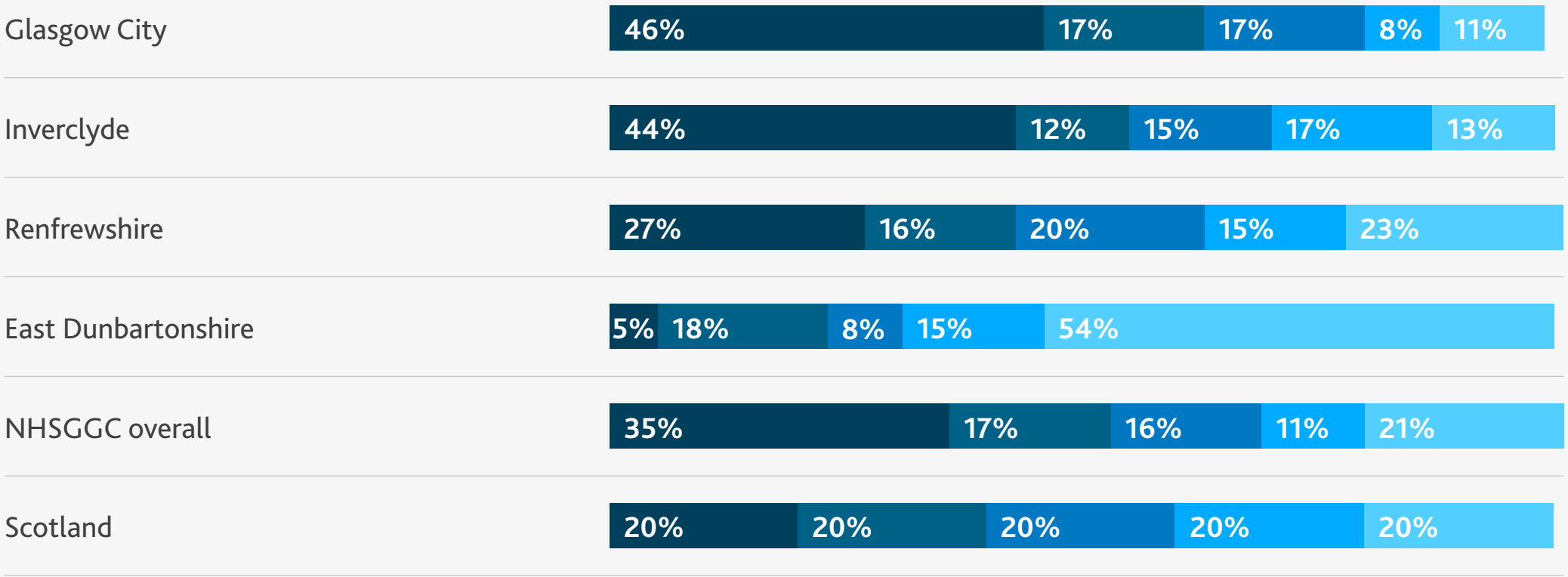
Acknowledgements

Volunteer Scotland would like to thank all those who supported this research:

- NHSGGC Public Health Directorate
- Volunteer Glasgow
- Glasgow Centre for Population Health
- Health & Social Care Partnerships in East Dunbartonshire, Inverclyde, Glasgow City and Renfrewshire

Geographic deprivation by SIMD Quintiles

Local authorities, NHSGGC and Scotland



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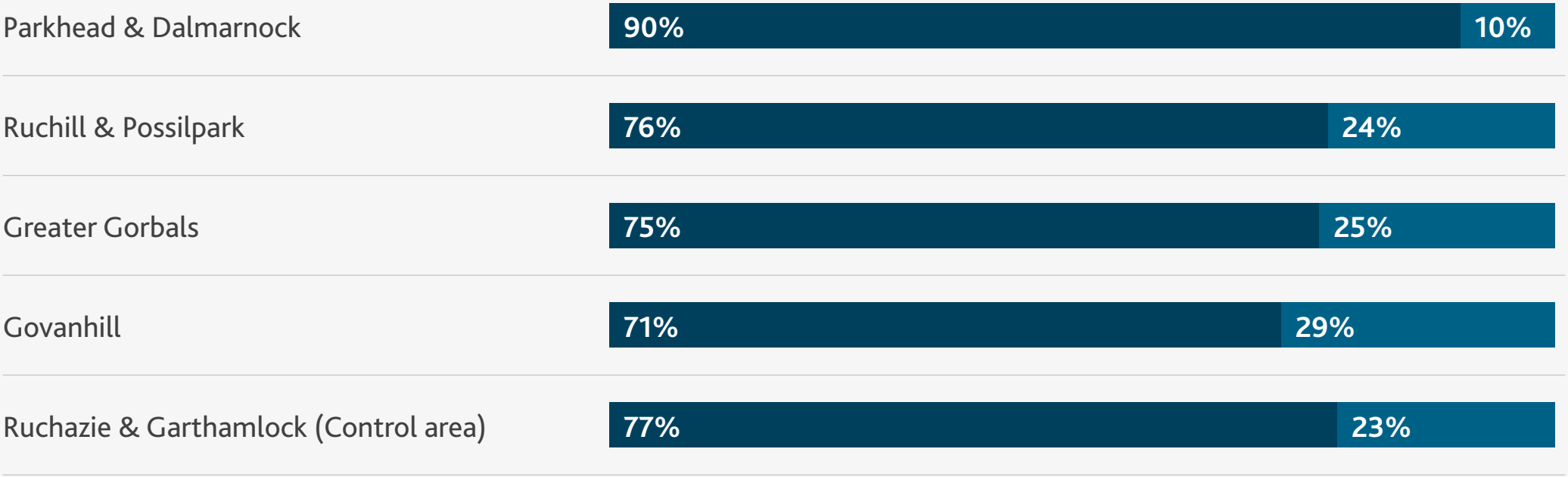
Geographic deprivation by SIMD Quintiles

Thriving places



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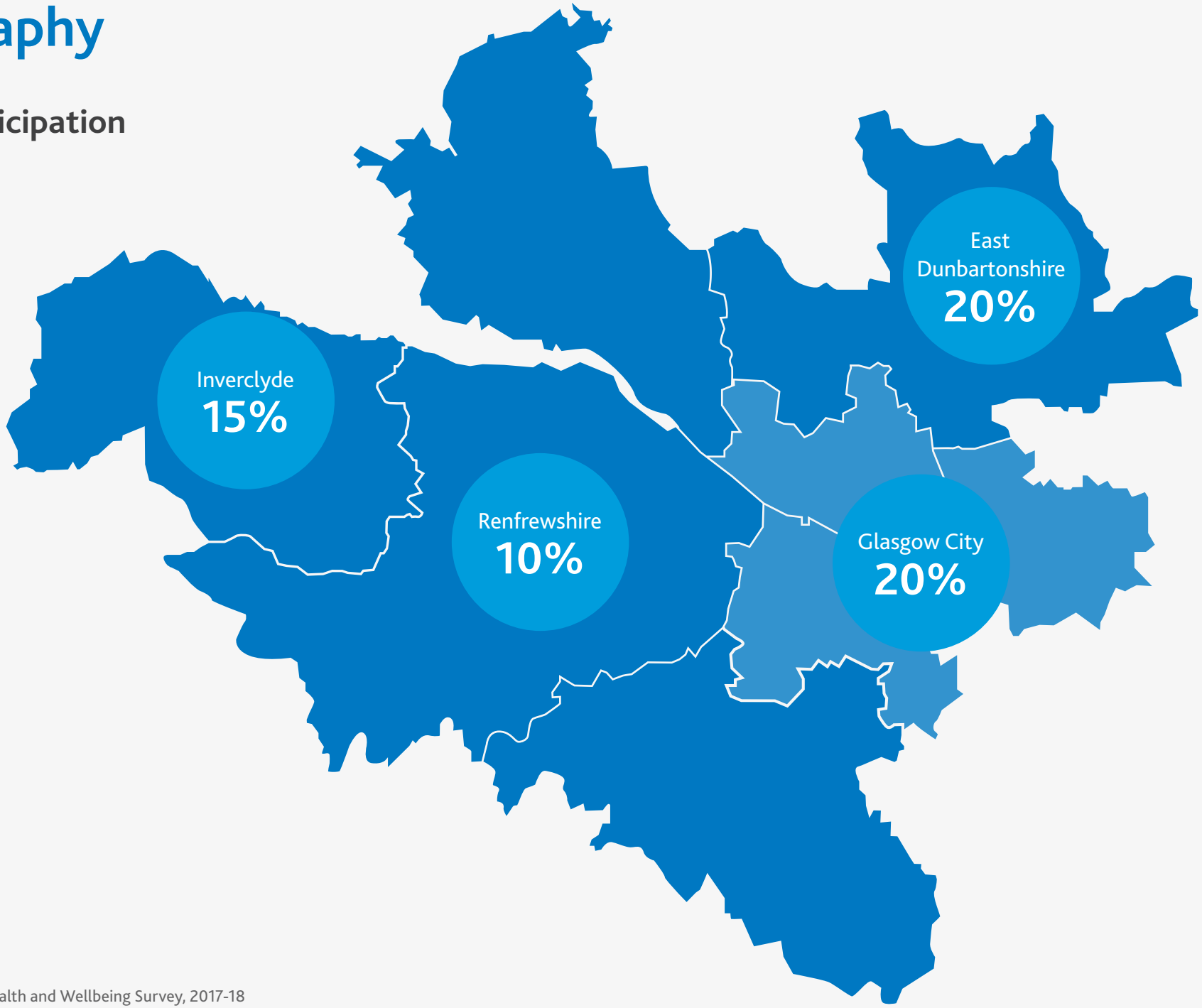
Geography

Volunteering participation rates in NHSGGC

18%
NHSGGC



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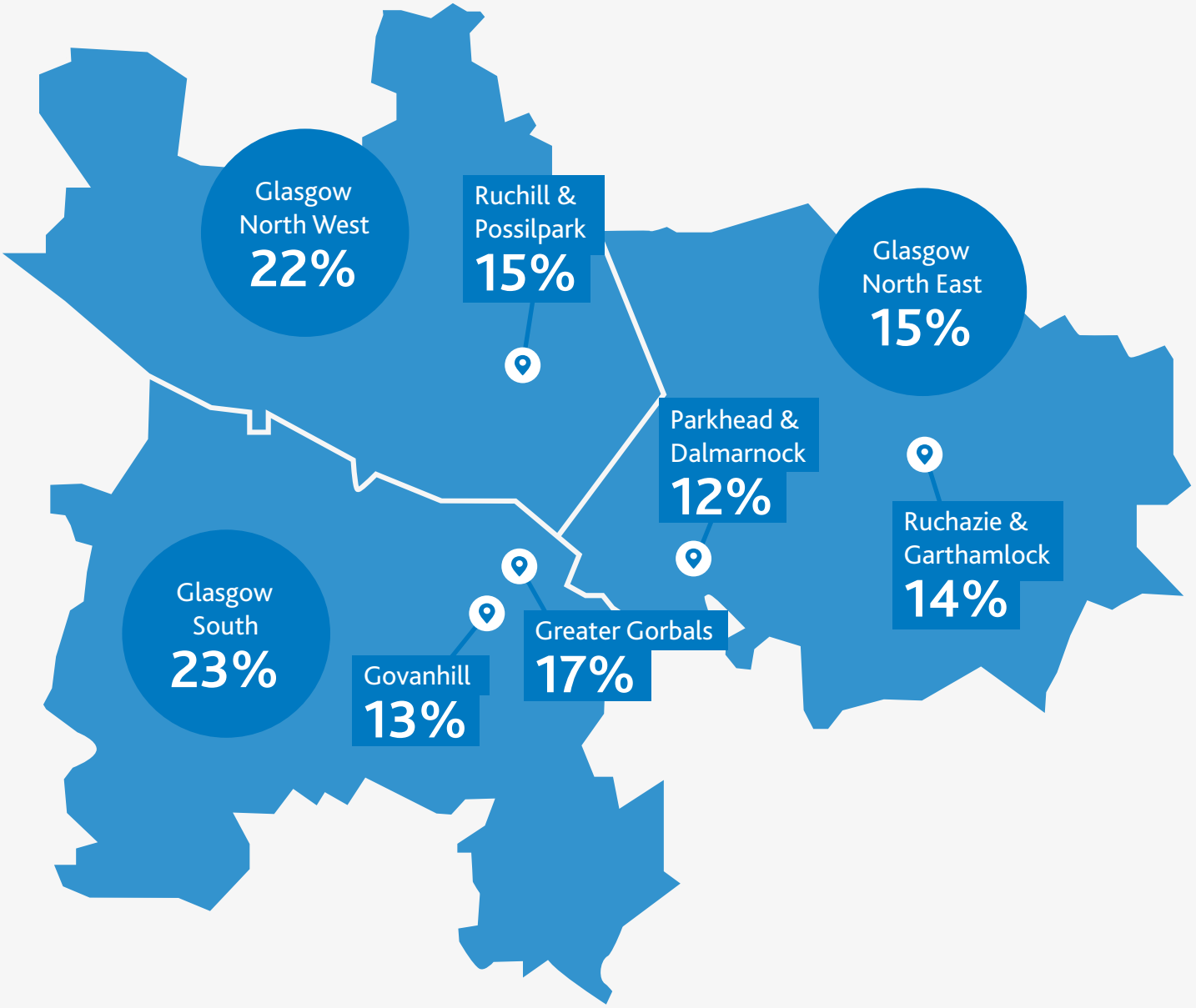
Geography

Volunteering participation rates in Glasgow City

20%
Glasgow City



Thriving places

- Govanhill **13%**
- Greater Gorbals **17%**
- Parkhead & Dalmarnock **12%**
- Ruchill & Possilpark **15%**

Control area

- Ruchazie & Garthamlock **14%**

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Caring responsibilities

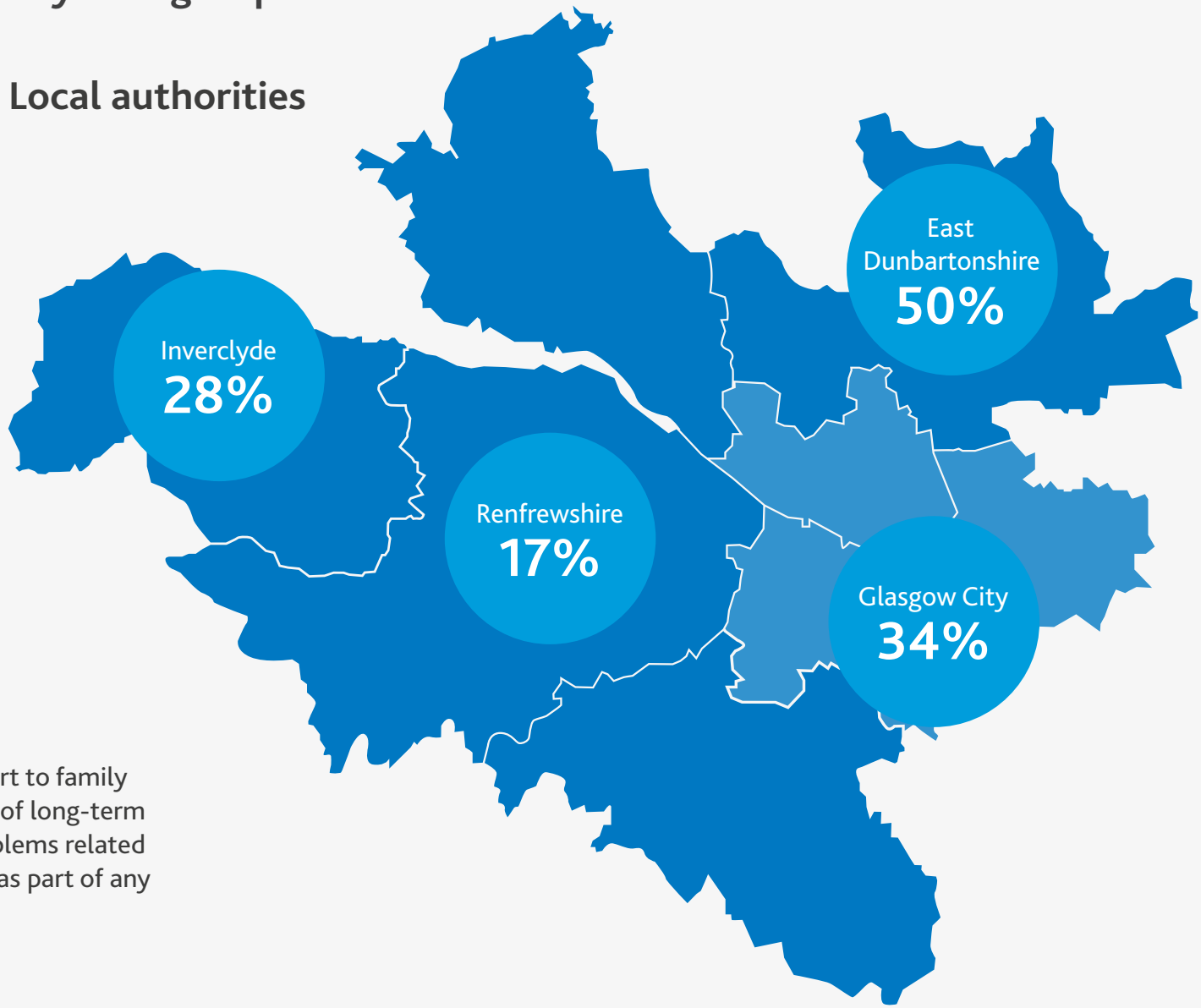
Volunteering participation rates by caring responsibilities

NHSGGC

31%
Have caring responsibilities

16%
Don't have caring responsibilities

Local authorities



Definition of 'caring responsibilities'

Looking after or giving any regular help or support to family members, friends, neighbours or others because of long-term physical or mental ill-health or disability, or problems related to old age. This excludes any caring that is done as part of any paid employment or formal volunteering.

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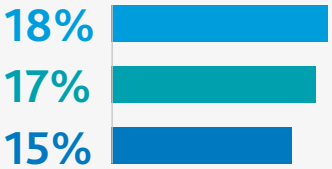
Community engagement and social capital

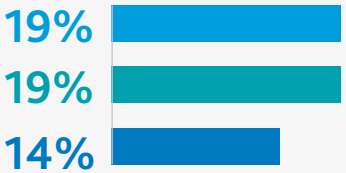
Volunteering participation rates in NHSGGC

18%
NHSGGC

I feel I belong to this area



I feel valued as a member of my community

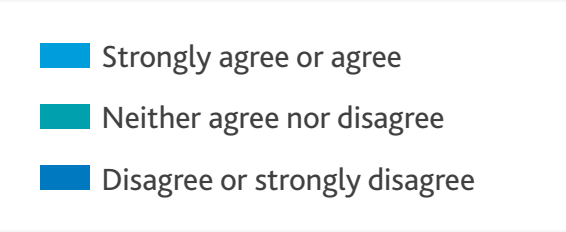


By working together people in my neighbourhood people can influence decisions that affect my neighbourhood

This is a neighbourhood where neighbours look out for each other

If I have a problem there is always someone to help me

Do you belong to any social clubs, associations, church groups or anything similar?



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Demographics

Volunteering participation rates in NHSGGC by age range

18%
NHSGGC

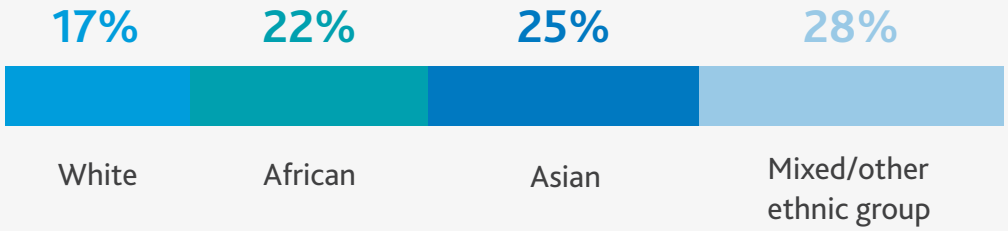
16-24	25-34	35-44	45-59	60-74	75+
25%	**17%**	**20%**	**17%**	**17%**	**10%**

Volunteering participation rates by gender

18% Male

18% Female

Volunteering participation rates by ethnic group



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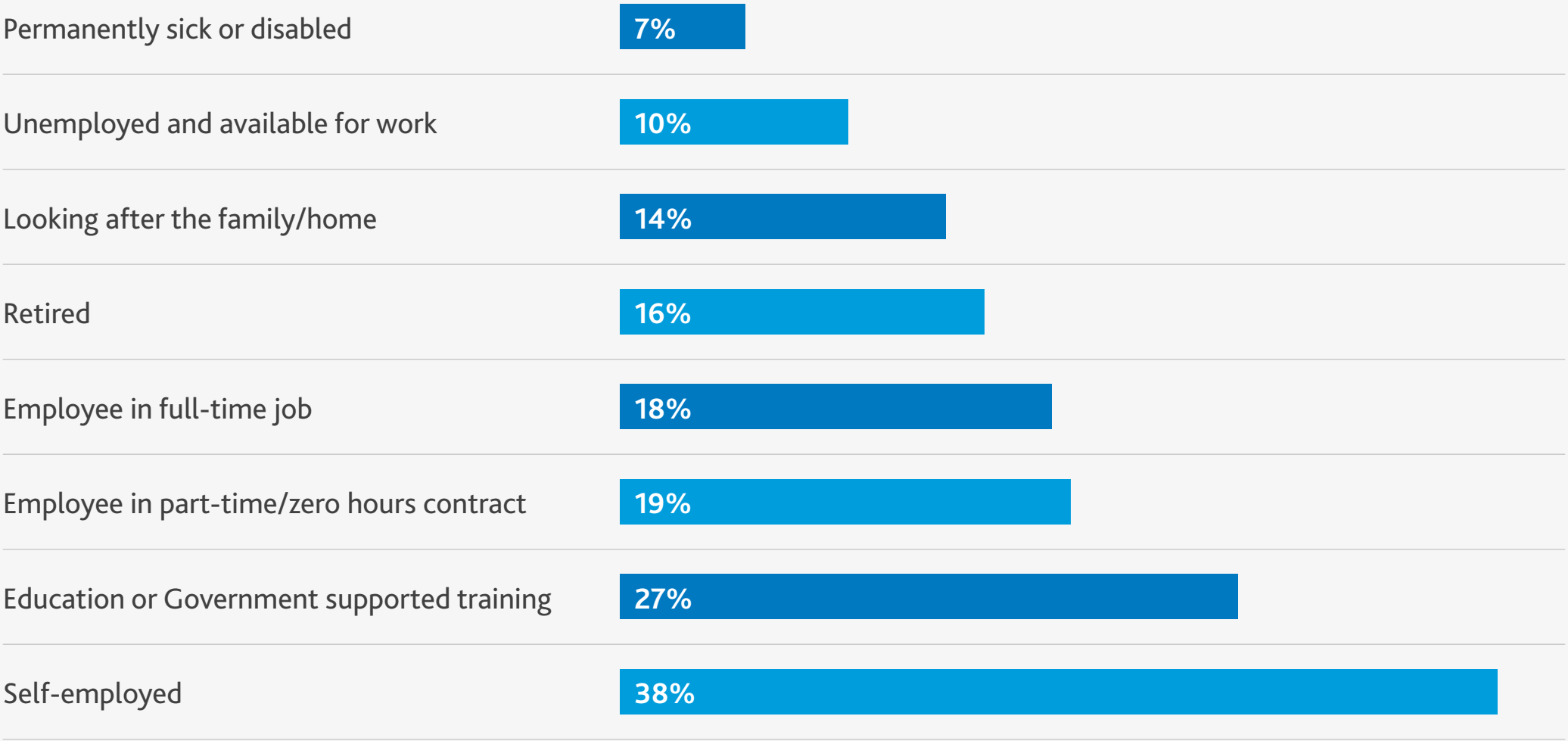
Demographics

Volunteering participation rates in NHSGGC by employment status

18%
NHSGGC



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Demographics

18%
NHSGGC

Volunteering participation rates by qualifications in NHSGGC

21%
Qualifications

6%
No Qualifications

Volunteering participation rates by household size

1 12%

2 18%

3 17%

4+ 22%

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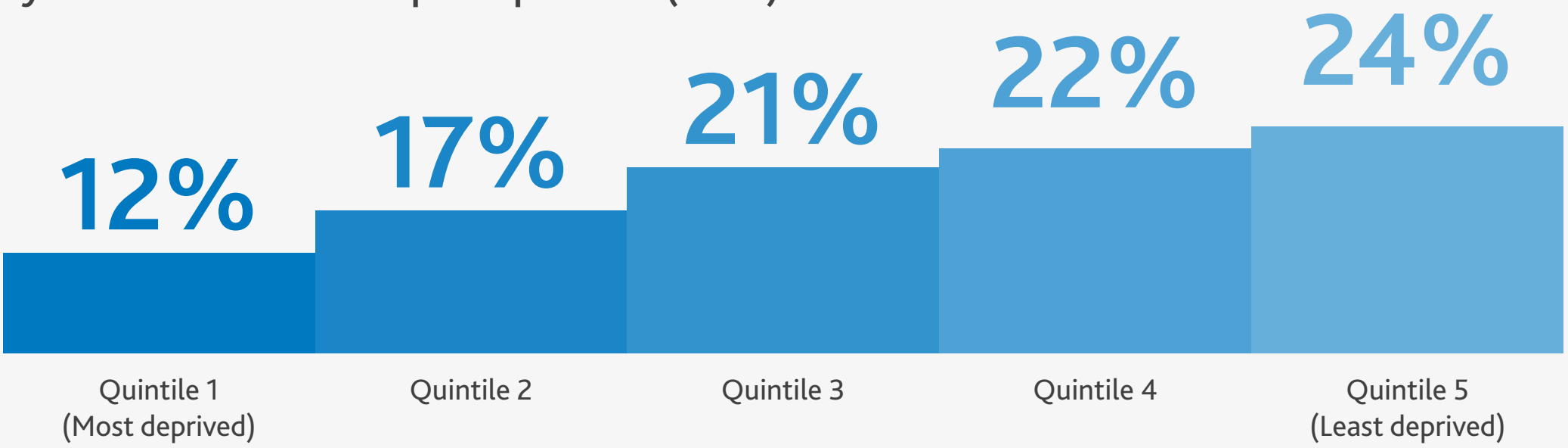
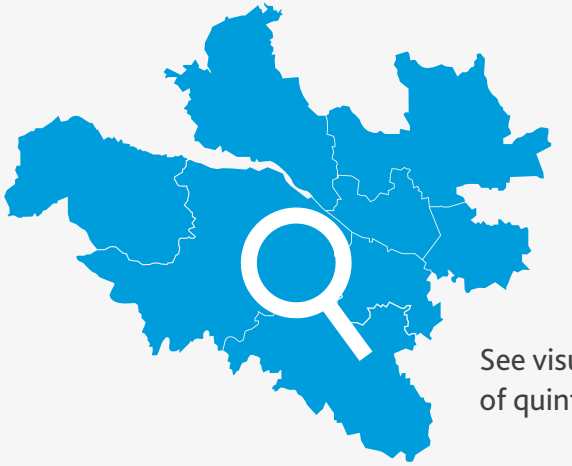
Deprivation

Volunteering participation rates in NHSGGC by Scottish Index of Multiple Deprivation (SIMD)





See visual map breakdown of quintiles here

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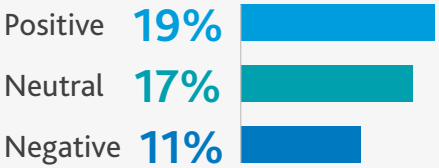
Health and wellbeing

Volunteering participation rates in NHSGGC by health

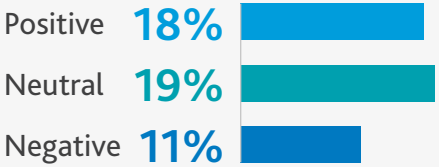
18%
NHSGGC

General health

General physical wellbeing

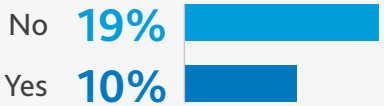


General mental or emotional wellbeing

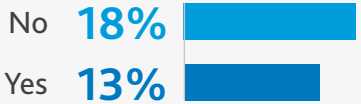


Long-term health conditions

Long-term physical disability



Long-term mental or emotional health problem



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Social Action

Volunteering participation rates in NHSGGC by social action

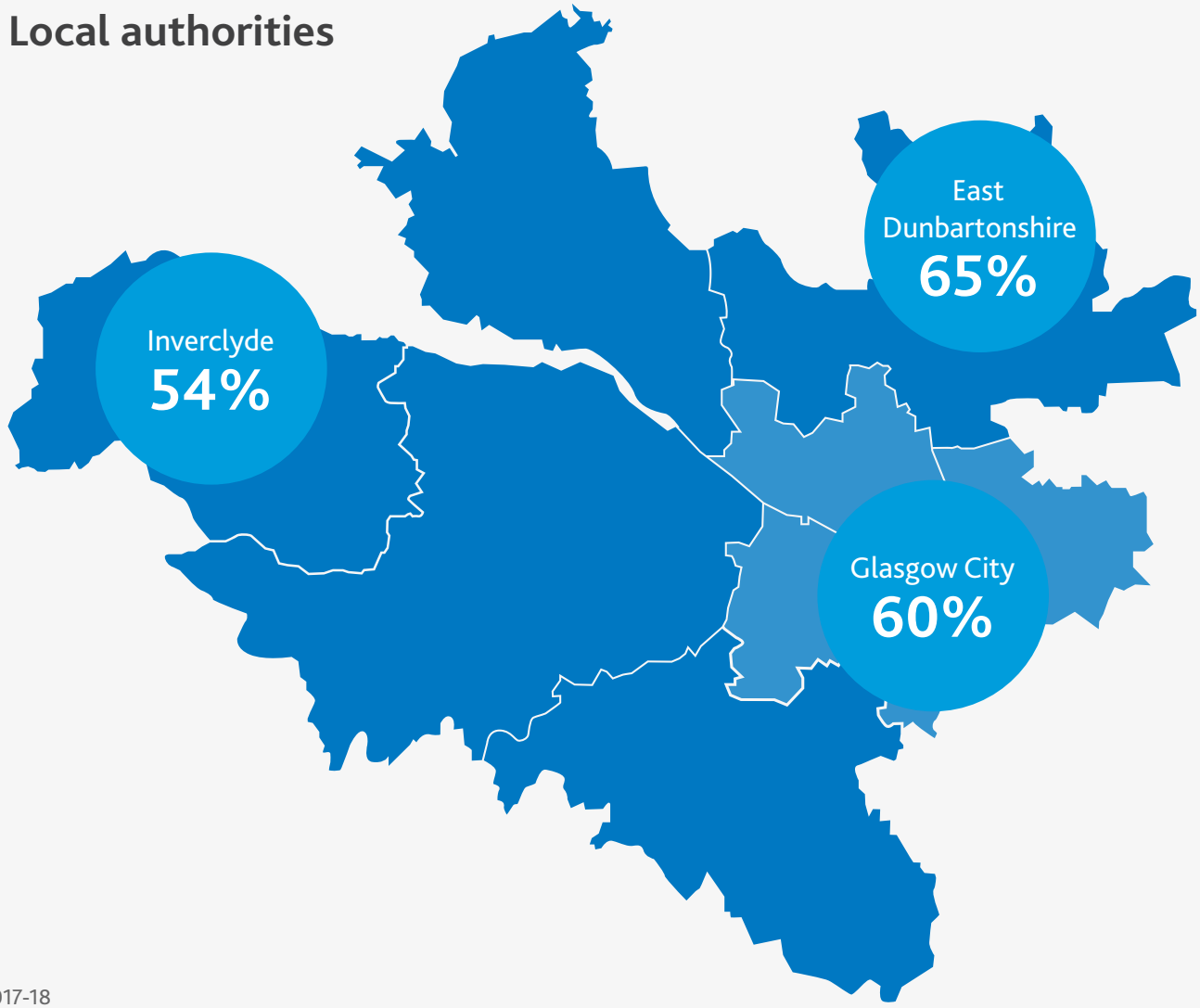
Have taken social action to attempt to solve a problem affecting your local area in the past 12 months:

NHSGGC

57%
Have taken social action

15%
Have not taken social action

Local authorities



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Social isolation and loneliness

18%
NHSGGC

Volunteering participation rates in NHSGGC by social isolation

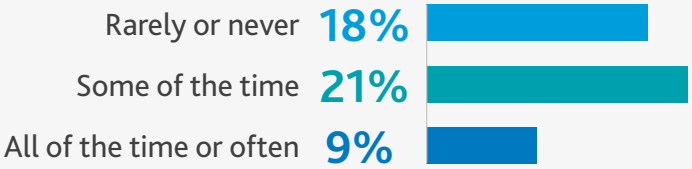
Do you ever feel isolated from family and friends?

17%
No

21%
Yes

Volunteering participation rate by loneliness

How often have you felt lonely in the past two weeks?



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