



Scottish Household Survey

Volunteering Cross-Sectional Analysis, 2016

Highlights Report

Volunteering Cross-Sectional Analysis, 2016 Highlights

This document provides a high level overview of the key findings from the Scottish Household Survey Volunteering Cross-Sectional Analysis, 2016. The key statistical findings are presented as easy to understand, user-friendly infographics for each of the eight themes analysed:



Caring Responsibilities



Household Characteristics



Community Engagement and Citizenship



Internet, Marital Status and Health Board



Culture



Neighbourhood Characteristics



Health and Wellbeing



Sports

Impact of Deprivation

A summary of the impact of deprivation on volunteering participation rates across the eight themes is also presented.

Technical Note

The Technical Note explains the cross-sectional methodology and the technical terms used.

The full Volunteering Cross-Sectional Analysis, 2016 can be accessed [here](#)

Technical Note

The Volunteering cross-sectional analysis 2016 considers the Scottish volunteering participation rate, which is defined as the percentage of adults (16+) in Scotland who have volunteered at least once in the last 12 months. In 2016 27% of Scottish adults volunteered.

27%



1.2 million adults in Scotland

- This equates to 1.2 million adults volunteering in Scotland (27% of the total Scottish population of 4.5 million adults)
- The SHS cross-sectional analysis cross-tabulates a number of social variables with volunteering to provide:
 - The volunteer participation rate for each social variable; for example, the percentage of adults with a caring responsibility that volunteer.
 - The number of Scottish adults volunteering for each social variable, for example the number of adults with a caring responsibility that volunteer.

*All population figures are presented in 'millions', rounded to one or two decimal points as appropriate.

For selected social variables the impact of deprivation is considered. In Scotland deprivation is measured by SIMD Q - Scottish Index of Multiple Deprivation Quintiles (SIMD Q). SIMD Q ranks areas in Scotland on a scale of:

SIMD Q1 → SIMD Q5

The 20% of the population living in the most deprived areas

The 20% of the population living in the least deprived areas

In Scotland volunteer participation rates for SIMD Q1 (18%) are below those of SIMD Q5 (35%). Analysing volunteering participation rates by SIMD Q shows the variation in volunteering participation rates between the most and least deprived areas in Scotland for each of the social variables examined.

Caring Responsibilities

Volunteering participation rate and caring responsibilities

39%

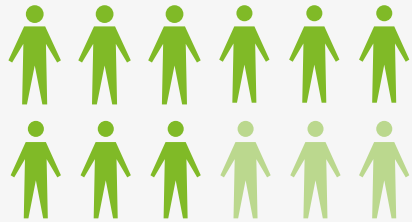
Caring responsibilities



0.3 million adults

25%

No caring responsibilities



0.9 million adults

Volunteering participation rate and weekly hours of caring help or support

43%

Up to 4 hours
0.15 million adults

34%

Frequency varies
0.04 million adults

42%

5 - 19 hours
0.08 million adults

28%

50+ hours
0.03 million adults

32%

20 - 49 hours
0.02 million adults



Scottish average **27%**

Community Engagement

Volunteering participation rate and 'I can influence decisions affecting my local area'

35% **Agree**
0.4 million adults

25% **Neither agree nor disagree**
0.3 million adults

25% **Disagree**
0.6 million adults

Volunteering participation rate and 'I would like to be more involved in local area decision making'

36% **Agree**
0.6 million adults

25% **Neither agree nor disagree**
0.2 million adults

22% **Disagree**
0.5 million adults

 Scottish average **27%**

Local Social Networks

Volunteering participation rate for those who disagreed with the following statements:



23%

Could turn to friends/relatives in the neighbourhood for advice or support.



20%

Could rely on friends/relatives in the neighbourhood to look after their home.



20%

Could rely on friends/relatives in the neighbourhood for help.



7%

Would offer help to neighbours in an emergency.



Scottish average 27%

Neighbourhood Characteristics

Volunteering participation rate for those who had a negative response to the following statements:

19%

Thinking about the neighbourhood you live in, how would you rate it as a place to live?
(Responding 'fairly poor' or 'very poor')

23%

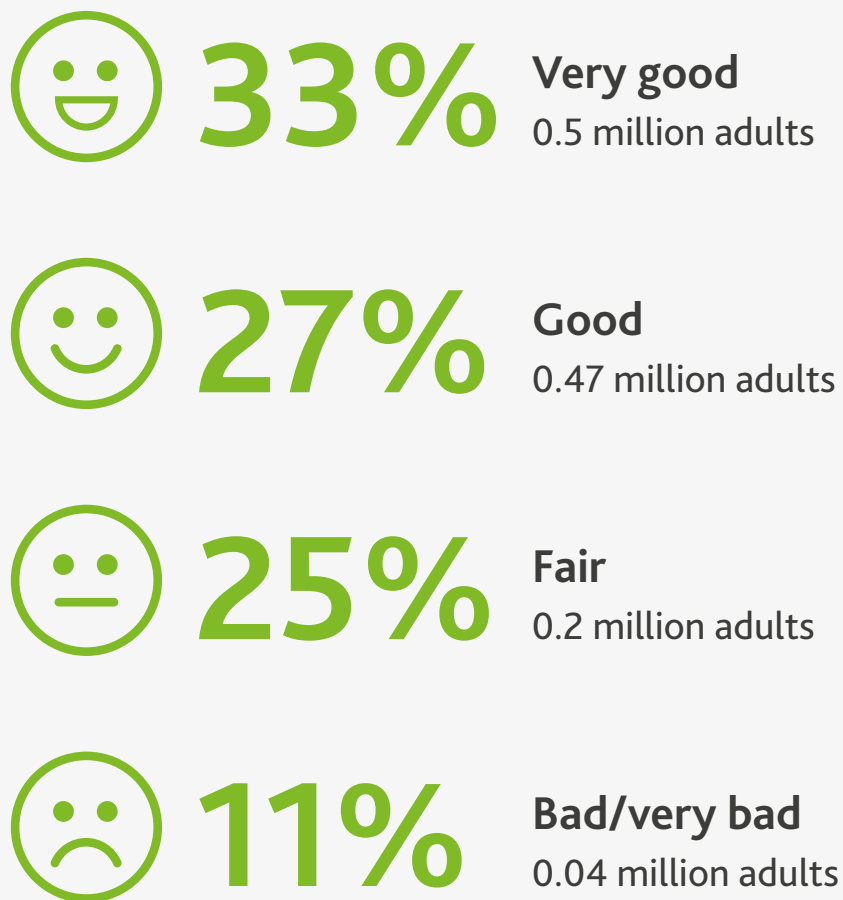
How safe do you feel walking alone in your neighbourhood after dark?
(Responding 'a bit unsafe' or 'very unsafe')



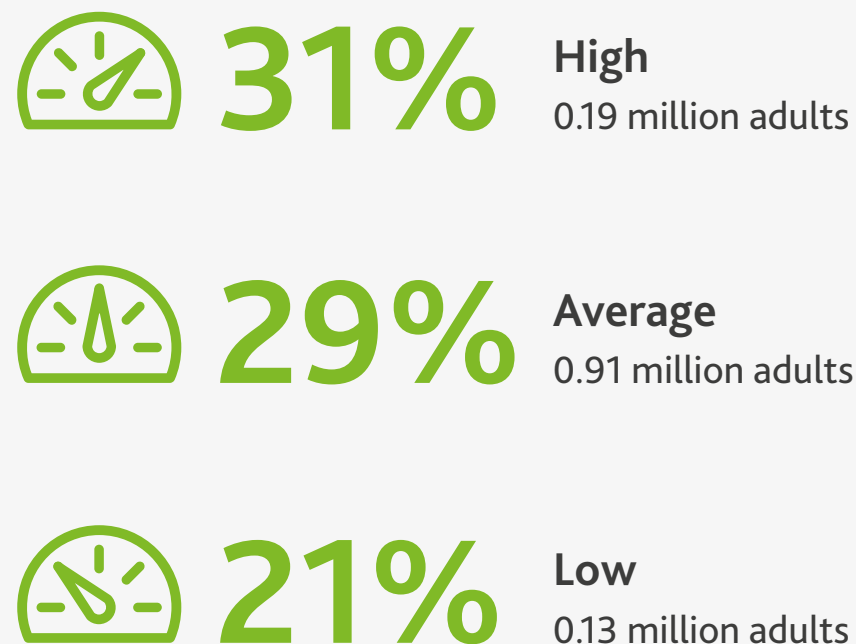
Health and Wellbeing

General health and mental health

Volunteering participation rate and general health



Volunteering participation rate and mental health



 Scottish average **27%**

Long-term Health Conditions

Volunteering participation rate and
'I have a long-term health condition(s)'

24%

Yes



0.3 million adults

29%

No/Don't know



0.9 million adults

Volunteering participation rate and
'my long-term health condition(s)
limits my daily activities'

16%

Yes, a lot



0.1 million adults

26%

Yes, a little



0.2 million adults

34%

Not at all



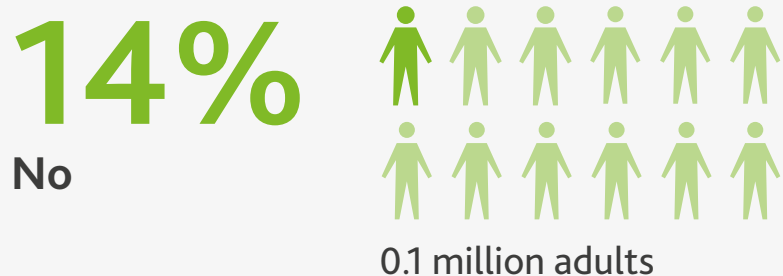
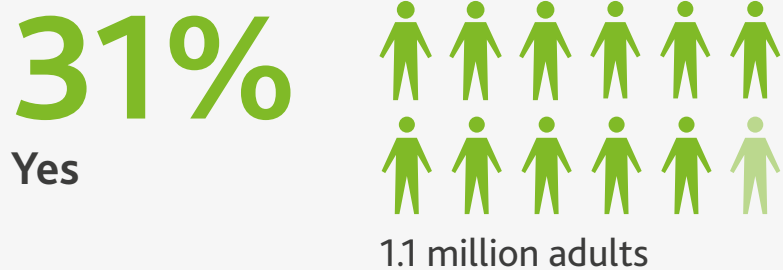
0.1 million adults

 Scottish average 27%

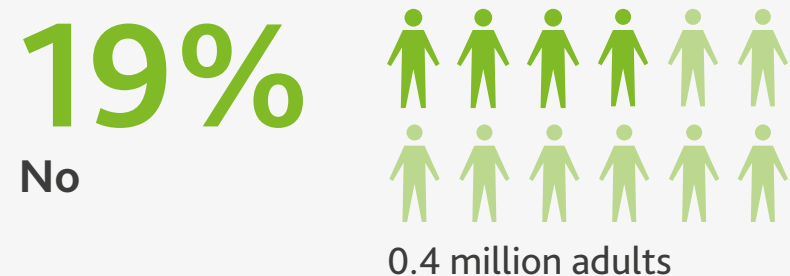
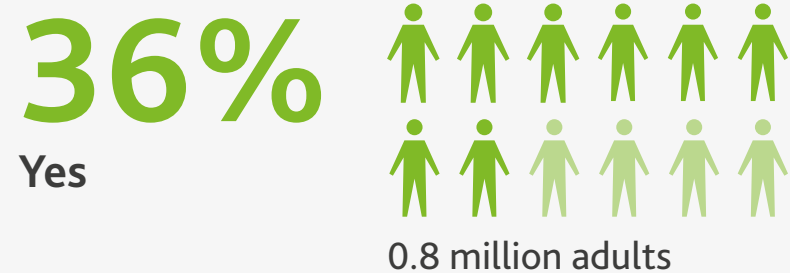
Sport Exercise and Outdoor Activities

Sport activities

Volunteering participation rate and sports participation (including walking)



Volunteering participation rate and sports participation (excluding walking)



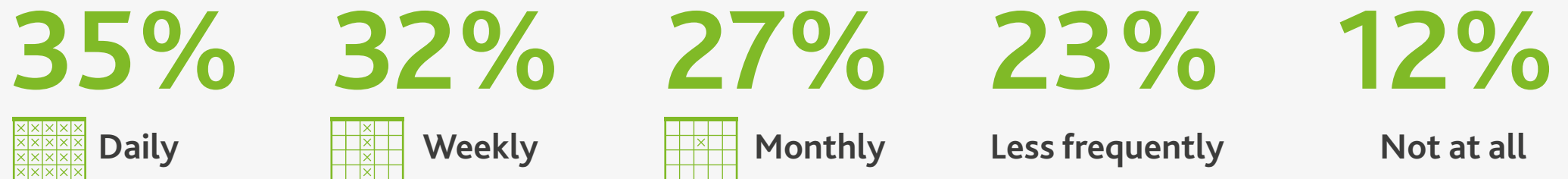
 Scottish average **27%**

Frequency of Sport, Outdoor Recreation and Volunteering Participation

Volunteering participation rate and frequency of sports participation (days in previous month)



Volunteering participation rate and frequency of outdoor visits



 Scottish average 27%

Culture

Cultural attendance

Volunteering participation rate and cultural attendance (including cinema)

31%

Yes



1.2 million adults

10%

No



0.1 million adults

Volunteering participation rate and cultural attendance (excluding cinema)

33%

Yes



1.1 million adults

11%

No



0.1 million adults

 Scottish average 27%

Cultural Activities

Volunteering participation rate and cultural activities (including reading)

31%

Yes



1.1 million adults

12%

No



0.1 million adults

Volunteering participation rate and cultural activities (excluding reading)

36%

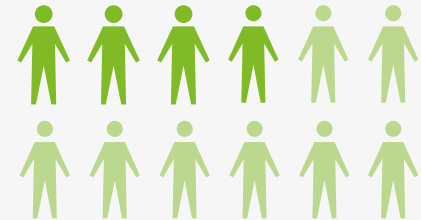
Yes



0.9 million adults

17%

No



0.4 million adults

 Scottish average 27%

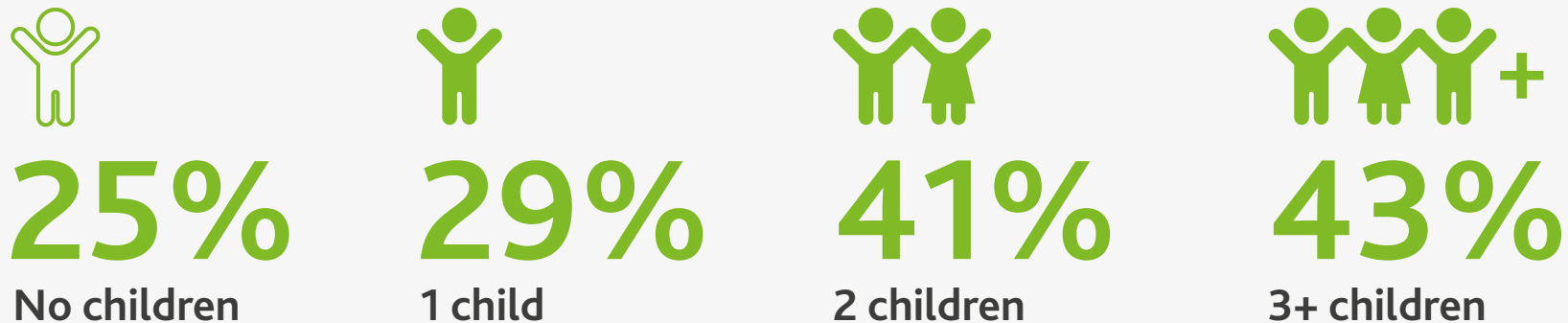
Household Characteristics

Household size

Volunteering participation rate and household size



Volunteering participation rate and number of children



Scottish average 27%

Household Ownership, Renting and Benefits

Volunteering participation rate and homeowner status

32%

Own it outright



0.5 million adults

30%

Buying with a loan



0.4 million adults

27%

Rent - Private



0.2 million adults

16%

Rent - Social



0.2 million adults

27%

Other



0.1 million adults

Volunteering participation rate and income from benefits

30%

No income from benefits

0.6 million adults



29%

Some income from benefits

0.6 million adults



13%

All income from benefits

0.1 million adults



 Scottish average 27%

Internet Usage

Internet usage by adults aged 16+

45%

Personal use only
2 million adults



38%

Both work and personal use
1.7 million adults



16%

No, never used the internet
0.7 million adults



Volunteer participation rate and Internet usage

25%

Personal use only
0.5 million adults



36%

Both work and personal use
0.6 million adults



13%

No, never used the internet
0.09 million adults



 Scottish average **27%**

Marital Status

Legal marital status



Volunteer participation rate and legal marital status



 Scottish average 27%

Impact of Deprivation

Overview on deprivation

Volunteer participation rate and SIMD Quintile

18%

SIMD Quintile 1



0.2 million adults

22%

SIMD Quintile 2



0.2 million adults

29%

SIMD Quintile 3



0.3 million adults

32%

SIMD Quintile 4



0.3 million adults

35%

SIMD Quintile 5



0.3 million adults

% of volunteers by SIMD Q

13%

SIMD Quintile 1

16%

SIMD Quintile 2

21%

SIMD Quintile 3

24%

SIMD Quintile 4

26%

SIMD Quintile 5



Scottish average 27%

Volunteer Participation Rates for SIMD Quintiles 1 and 5

Engagement in your local area

Can influence decision-making in your local area? 'Agree'

Would you offer help to neighbours in an emergency? 'Agree'

Sport and cultural activities

Have taken part in any sports activities including walking in the last four weeks? 'Yes'

Have attended any cultural events or places in the last 12 months (including the cinema)? 'Yes'

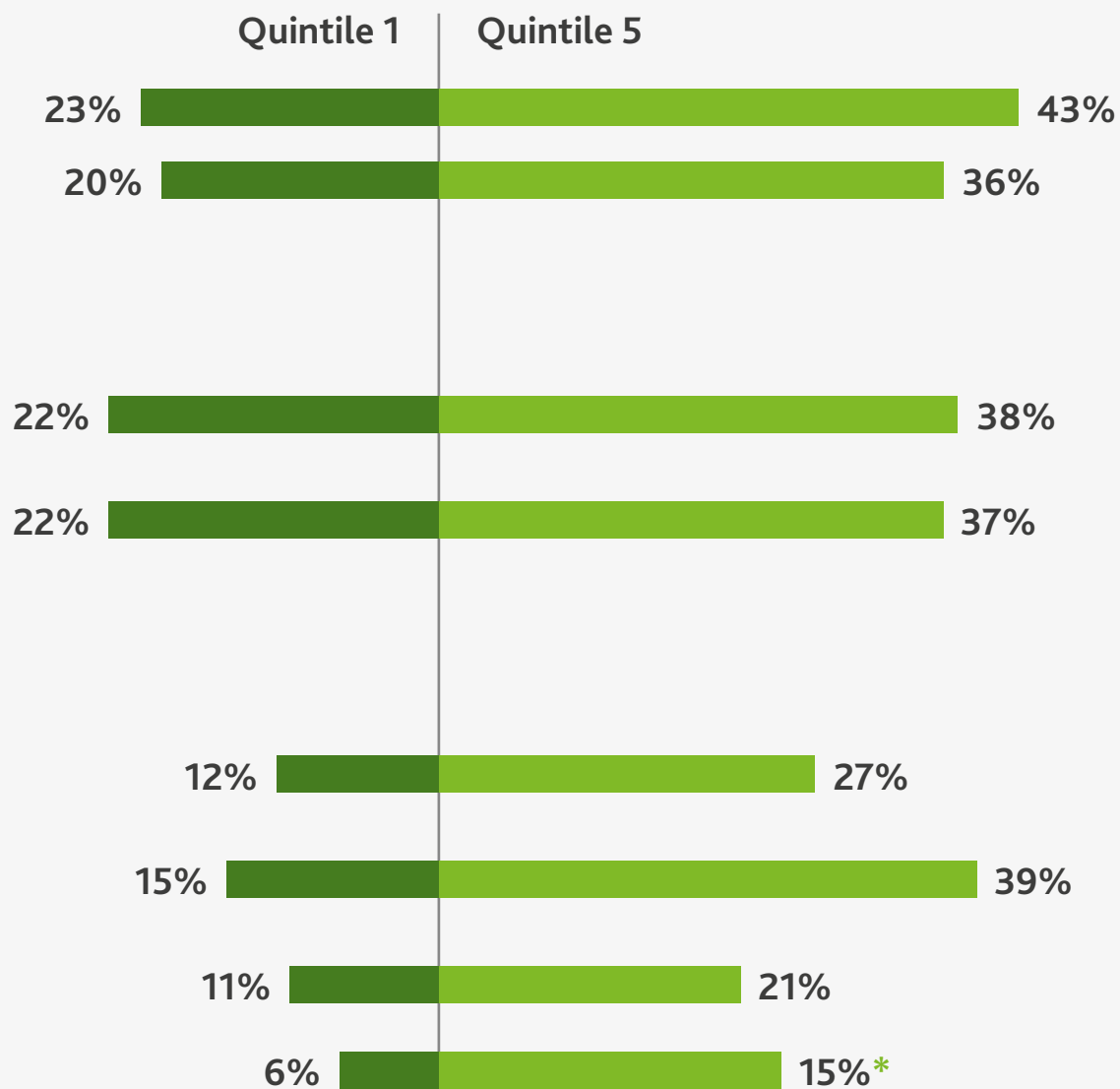
Health and wellbeing indicators

Assessment of mental health and wellbeing: Scottish Warwick Edinburgh Mental Wellbeing Score – responses rated 'low'

Have at least one household member with a long-term health condition? 'Yes'

Whether a health condition limits an individual's daily activities? 'Yes, a lot'

How is your health in general? 'Bad or very bad'



*This is Q4 data as Q5 was not statistically significant for this question tabulated with deprivation and volunteering.

Social Indicators with High Volunteer Participation Rates for SIMD Quintile 1 vs Scottish Quintile 1 Average

Sport and cultural activities

Have taken part in any sports activities excluding walking in the last four weeks? 'Yes'

27% **Quintile 1** | **Scottish Q1 Average** 18%

Visits to the outdoors for leisure and recreation in Scotland in the last 12 months? Frequency of 'daily'

26% **Quintile 1** | **Scottish Q1 Average** 18%

How often do you use your local green space? Frequency of 'Daily'

28% **Quintile 1** | **Scottish Q1 Average** 18%

Participated in a cultural activity in the last 12 months, excluding reading

31% **Quintile 1** | **Scottish Q1 Average** 18%

Caring responsibilities (excluding paid employment)

Do you look after or give any regular help or support to family members

29% **Quintile 1** | **Scottish Q1 Average** 18%

How many hours each week do you spend providing any regular help or support? 'Up to 4 hours'

33% **Quintile 1** | **Scottish Q1 Average** 18%

How many hours each week do you spend providing any regular help or support? '5 - 19 hours'

34% **Quintile 1** | **Scottish Q1 Average** 18%

Engagement in your local area

Would you like to be more involved in local area decision-making? 'Agree'

29% **Quintile 1** | **Scottish Q1 Average** 18%